

PREK Flight Plan February 1st



<p>Lesson</p>	<p>Jesus Calmed a Storm</p>
<p>Bible Passage</p>	<p>Matt 8; Mark 4; Luke 8</p>
<p>Story Point</p>	<p>Jesus calmed a storm</p>
<p>Key Passage</p>	<p>Lord my God, you have done many things— your wondrous works and your plans for us; none can compare with you. Psalm 40:5</p>
<p>Big Picture Q & A</p>	<p>Why did Jesus perform miracles? Jesus performed miracles to show He is the Son of God.</p>



Connect the Dots



leader bible study

Early in His ministry, Jesus and His disciples traveled to Capernaum, a town on the northwestern shore of the Sea of Galilee. Capernaum became Jesus' home and headquarters. (See Matt. 4:13.) He entered the synagogue on the Sabbath, when people would gather to hear and learn from the Scriptures.

Jesus quickly set Himself apart from the scribes and other religious teachers. Unlike the scribes, who relied completely on traditional interpretations of the Torah from other teachers, Jesus spoke with authority. His teaching came from His own authority as the Author of truth, and it had a profound effect on His listeners—they were astonished!

The early miracles recorded in Mark 1 demonstrate Jesus' power and authority as the Son of God. Jesus drove an unclean spirit from a man in the synagogue; even the demons obey His commands. Then Jesus healed Peter's mother-in-law, and that evening the people in the town brought to Jesus all those who were sick or afflicted with unclean spirits. What did Jesus do? He healed them! (Mark 1:34)

Jesus' miracles continued, and He healed a man with leprosy. *Leprosy* is a skin disease that would have marked a person as "unclean," requiring him to be separated from the community. Jesus had compassion on the man and healed him immediately.

Jesus' miracles brought many people to faith in Him. They also proved that Jesus is the Messiah, the Son of God. These miracles strengthened people's faith and met their needs. Isaiah prophesied that the promised Messiah would bear our sickness and carry our pain. (Isa. 53:4) Jesus fulfilled this prophecy as He healed people.

Help kids make the connection that through Jesus, God did what is impossible for us to do on our own. He provided forgiveness, salvation, and eternal life for all who would trust in Him.



Vision for Grace Airways
We navigate the scriptures,
training up bold disciples,
on our ongoing journey to Jesus!

Gospel—Centered Preparation:

The heart of preparation is rooted in your understanding of the gospel and your personal application of the story.

After your study ask yourself:

- How do the verse and Big Picture Question connect to this story?
- What am I excited to teach from this passage?
- The main point this week is: _____
- Where is the gospel in this story?

February Focus: Jesus the Miracle Worker



Feb 1st: Jesus Calmed a Storm

Matt 8, Mark 4-5, Luke 8

Story point: Jesus calmed a storm



Feb 8th: Jesus Fed a Crowd

Matt 14, Mark 6, Luke 9, John 6

Story Point: Jesus fed a crowd



Feb 15th: Jesus Walked on Water

Matt 14, Mark 6, John 6

Story Point: Jesus walked on water



Feb 22nd: Jesus Showed His Glory

Matt 17, Mark 9, Luke 9

Story Point: Jesus showed His glory to Peter, James, and John



Co-Pilot—Included Preparation:

On a Sunday morning, the Pilot is leading everyone in our ongoing journey to Jesus— that includes both flyers and Co -Pilots! The more consistency and continuity we have between Pilots, the better we can prepare our helpers to succeed and grow! With that consistency comes the mentorship aspect for our youth volunteers in particular, and utilizing our adult co -pilots as well: sharing activities, engaging them in the morning, and encouraging their involvement.

As you prepare for the lesson, ask yourself:

- **Does my planning allow for Co-Pilot participation throughout the morning?**
- **How did I prepare my Co-Pilot to help with classroom management?**
- **What specific activities will my Co-Pilot assist with today?**
- **In what ways can I encourage my Co-Pilot?**

Engagement

- Sit with child during the story
- Playing alongside flyers
- Reengage chatty/distracted kids
- Ask to volunteer an example during discussion
- Help play to Co-Pilot's strengths

Activities

- Attendance stickers
- Timeline
- Joining in the verse and BPQ&A
- Assigned to a specific flyer
- Helping find books in the Bible
- Leading crafts & songs

Encouragement

- Thank you for stepping in there!
- You did a great job with _____.
- You really helped me while I was _____.
- Thank you for being _____'s buddy today.
- Your help really made this morning go smoothly.
- _____ was the right thing to do. You handled it well!
- I'm so glad you are here today!

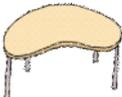
Morning Routine



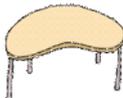
Stay with this order.

Adjust pictures on schedule according to your plan.

Review schedule with the children at the start of the morning.

	Take Off VBS song Verse/BPO	5 Min
	Journey Prayer Bible Story God Attributes	 10 Min
	Flight Lab Bible Story Activity	15 Min
	Free Play Inside or on playground	10 Min

At congregation last song—clean up/move inside

	Pilot's Log Prayer Take Home Page Settle and Review	 5 Min
---	---	--



5 min Take Off

Celebrate & being here! Introduce the morning

Gather

As the children enter, have them gather at the TV to begin with worship/singing.

Have your co-pilot check attendance.

Song

Do a song or 2 of your choice as time allows to help children prepare for the lesson,

Key passage

Transition from singing into the Verse Song. Lead the kids with the hand motions in the video!

Lord my God, you have done many things—your wondrous works and your plans for us; none can compare with you.

Psalm 40:5

Big picture question

Why did Jesus perform miracles?

Jesus performed miracles to show He is the Son of God.

Repeat the question 2-3 times for learning!

Transition to the Bible Story

Clap a simple rhythm for the children to copy, use a finger play, etc... Set expectations for the children: "my turn to talk, your turn to listen, eyes on me, hands in your lap"

Choosing the same transition every week works super well with child and kindergarten ages.

Bible Connection Ideas

Bible FingerPlay:

1, 2 (hold up fingers) The Bible is true (hands like book), God loves me (cross arms, point to me) and God loves you (cross arms, point to class)

Bible Foundation Motions:

- The Bible is **True** (*thumbs up*)
- The Bible is How God **Speaks to Us** (*cup hands around mouth as if you were shouting*)
- The Bible is **Different** from other stories (*cross your arms and point in opposite directions*)
- The Bible points to **Jesus** (*ASL sign for Jesus*)

Fingerplay Ideas

Open Shut them:

Hold hands in front as you open and shut them while saying:

Open shut them, open shut them, give a little clap

Open shut them, open shut them, lay them in your lap.

Creep them creep them, slowly to your chin

Open wide your little mouth (pause), but do not let them in!

Active Preparing to sit and listen:

I stomp my feet, I clap my hands, I jump up from the ground.

I stomp my feet, I clap my hands, I turn myself around.

I stomp my feet , I clap my hands, I sit myself right down

I stomp my feet (*while sitting*) , I clap my hands, I do not make a sound (*finger over lips, spoken in a whisper*).



10 Min Journey

Where we travel into God's word

Introduce the Bible Story

Use our Bible Finger play each week to transition to the Story.

• The Bible is the true story about God. Today's story about Jesus is told in not one, not two, but three books of the New Testament. It appears in the Books of Matthew; Mark; and Luke.

Point to the Bible story picture on their timeline. The Bible tells us the big story of how God rescues sinners through His Son, Jesus.

Tell the Bible Story

Using the pictures, tell the Bible Story or watch the video (*This lesson is NOT in It's All About Jesus Bible Storybook*). Tell the story using your own words keeping eye-contact with the children.

• While Jesus was sleeping in a boat, a storm came. Jesus' disciples were afraid they were going to sink. When the friends woke Jesus, He got up and spoke to the wind and the sea and told them, "Silence! Be still!" **Jesus calmed a storm**, and Jesus' disciples knew He was more than just a good man and good teacher. Jesus showed His friends that He is Lord and that He has power over everything He made.

Talk about the Bible Story

Show the Bible story picture as you ask the following questions.

1. **What was Jesus doing in the boat?** (*sleeping*)
2. **What came while Jesus was asleep?** (*a storm*)
3. **Why did Jesus' friends wake Him?** (*They were afraid.*)
4. **What did Jesus say to the wind and the waves?** (*"Silence! Be still!"*)
5. **What did the wind and waves do after Jesus spoke to them?** (*The wind stopped blowing, and the waves stopped crashing.*)
6. **Why did Jesus perform miracles?** *Jesus performed miracles to show He is the Son of God.*

God's attributes- helping the children understand what God is like, shown to us in the Bible. In today's story we see that God is:

- Powerful - In Control

Have a student place the story picture on the 'timeline'

Age Appropriate Bible Story

Use your own words—Trust the Holy Spirit to speak through you

Jesus Calmed a Storm— Matt 8; Mark 4; Luke 8

One day, Jesus taught crowds of people for a long time. They were near the sea. When the day was almost done, Jesus wanted to go to the other side of the sea. So Jesus and His disciples got into a boat and began to cross the sea.

The disciples steered the boat, and Jesus fell asleep on a cushion. All of a sudden, a storm came. The wind blew strong, and the waves crashed into the boat. Even though many of Jesus' disciples were fishermen, they had never seen a storm like this before. Water from the sea splashed into the boat, and the disciples were afraid. If the boat filled up with water, it would sink. Then Jesus and all His friends might drown!

The disciples looked at Jesus. If anyone could help them, it was Jesus. But Jesus was still fast asleep at the back of the boat! Did He even notice the storm? Did He feel the strong wind and the wet waves on His skin?

Jesus' disciples woke Him up. They said, "Lord, save us! We are going to die!"

Jesus opened His eyes and saw that His friends were afraid. He got up and spoke to the wind. Then He spoke to the sea. Jesus said, "Silence! Be still!"

When Jesus spoke, the wind stopped blowing. The waves stopped crashing. Everything was calm, and Jesus' friends were safe.

Then Jesus looked at His disciples. He asked, "Why are you afraid? Do you still have no faith?" Did Jesus' friends not trust Him to take care of them?

The disciples were amazed. They said, "Who is this man? Even the wind and the waves obey Him!"

Christ Connection: *Jesus' disciples knew He was a good man and a good teacher. But when Jesus calmed the wind and the waves, He showed His friends that He is the Lord. Jesus has power over everything He made.*

Picture Card Lesson

Use your own words—Trust the Holy Spirit to speak through you!

Jesus Calmed a Storm— *Matt 8; Mark 4; Luke 8*

Card 1: Jesus had been teaching crowds of people for a long time. When the day was almost done, Jesus and His disciples got on a boat and began to cross the sea.

Card 2: The disciples steered the boat and Jesus fell asleep. All of a sudden, a huge storm came. The wind was strong and big waves crashed against the boat. The disciples were afraid.

Card 3: Jesus opened His eyes and saw that His friends were afraid. He got up and spoke to the wind and the sea. Jesus said, “Silence! Be still!” When Jesus spoke, the wind stopped blowing. The waves stopped crashing. Everything was calm, and Jesus’ friends were safe.

Card 4: Then Jesus looked at His disciples. He asked, “Why are you afraid? Do you still have no faith?” Did Jesus’ friends not trust Him to take care of them? The disciples were amazed. They said, “Who is this man? Even the wind and the waves obey Him!”

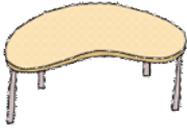
Card 5: Jesus’ disciples knew He was a good man and a good teacher. But when Jesus calmed the wind and the waves, He showed His friends that He is the Lord. Jesus has power over everything He made.

Christ Connection: *Jesus’ disciples knew He was a good man and a good teacher. But when Jesus calmed the wind and the waves, He showed His friends that He is the Lord. Jesus has power over everything He made.*

Bible Storytelling Tips:

Play it out: Make the outline of a boat on the floor with painter’s tape. Invite children to pretend to be the disciples and sit in the boat while you tell the story. Choose an adult leader to be Jesus and pretend to sleep at the back of the boat. Invite preschoolers to “wake Jesus” at the appropriate moment in the story.

Watch the water: Fill a container halfway with water. Set a toy boat on top of the water. Invite children to take turns splashing a “wave” onto the boat. Ask children to predict if the boat will float or sink if it fills with water. Ask an adult leader to continue to gently splash water onto the boat as you tell the Bible story. When telling about how Jesus calmed the storm, let the water become still.



15 min Flight lab

Learning the story in an interactive way

Choose from below or use your own idea-however the Lord leads. Then go into free-play.

Blow boats along the water

Cut 2-inch sections from a pool noodle for each child. Cut triangle-shaped “sails” from foam sheets. Punch holes at the top and bottom of each sail. Thread a cut straw through the top and bottom of each bottom holes of the sail. Tape the sail to the top of the noodle piece to create a boat. Give each child a boat and a straw. Invite children to take turns floating their boats in a shallow bin of water. Show a child how to blow through her straw to move her boat on the water.

- We blew our boats around on the water. Jesus and His disciples were on a real boat on the water when **Jesus calmed a storm**. Jesus said, “Silence! Be still!” The wind stopped blowing, and the waves stopped crashing. Everything was calm. That was a miracle—something only God can make happen. ***Why did Jesus perform miracles? Jesus performed miracles to show that He is the Son of God.***

Decorate rain sticks

Begin the first part of making rain sticks according to the “Make a Rain Stick” printable. Help children assemble the rain sticks. Provide crayons and stickers to decorate the rain sticks. Talk about the Bible story as they work.

- Jesus and the disciples were in a boat during a storm. Jesus told the wind and waves to be still. Jesus showed His friends that He is the Lord. **JESUS SHOWED HE IS GOD’S SON.**

Make a boat

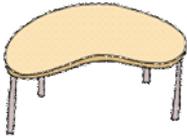
Obtain a large cardboard box that several children will fit inside. Remove the top and cut an opening in one side using scissors or a utility knife. Set the box on the floor with crayons, markers, and stickers. Allow children to decorate the box like a boat. Guide children to take turns sitting and playing in the boat. Show children how to rock the box by pushing gently against its sides. Help them create a storm by gently shaking or tapping against the sides of the box. Could play ocean sounds to add effect.

- We pretended that this box was a boat in the water during a storm. Jesus was so tired from teaching people about God that He fell asleep in a boat. While He was sleeping a big storm came up and scared His friends. They were so afraid of the storm that they woke Jesus. **Jesus calmed a storm.** This was a miracle! Jesus' friends were so amazed they said, "Who is this man? Even the wind and the waves obey Him!" ***Why did Jesus perform miracles? Jesus performed miracles to show that He is the Son of God.*** We know who Jesus is. He is the Son of God!

Play in a storm symphony

Play rainstorm sounds from a CD or electronic device. Lay several rhythm instruments on a table, including a rain stick. As the children approach the table, encourage them to listen to the storm and find instruments to make their own stormy sounds.

- We used these instruments to create sounds like rain, lightning, thunder, and wind. Jesus' friends were in a boat when a storm suddenly came up. Jesus calmed the storm. He told the wind and the waves to stop, and the storm was silenced. ***Why did Jesus perform miracles? Jesus performed miracles to show He is the Son of God*** and has power over everything.



5 Min Pilot's Log

Where we prepare to go home

After flight lab, allow the children to play. **When congregation begins last song, move to the tables.**

Pause and settle

- Signal the end of free play, (use the time-timer to count down)
- Sing the clean-up song and guide children to clean their areas. Wash hands or use hand sanitizer if needed.
- Have children sit around the table.

ALWAYS CLOSE THE MORNING WITH PRAYER.

This is how we model incorporating prayer into their lives.

- After prayer, hand out the activity/coloring page. Direct children accordingly to complete the page. Remind children of what they can take away from today's lesson.

If a child finishes the activity/coloring page while waiting for mom and dad or is not interested, only offer options that can be completed at the table (playdough, puzzle, select a book to examine, practice the verse, etc) **Keep children at the table to maintain a calm and quiet environment for easy transition to mom and dad.**

When parents pick up their children, as appropriate share something their child enjoyed doing or did well during the morning.

Be sure that the Co-Pilots hand out the Activity sheet to each child or to parents. Have your Co-Pilot encourage parents to use this to talk to their kids about what they learned in class today.

PREK/K Prayer Extra Ideas:

Prayer Chain — in small groups, ask children for their prayer requests and have the Pilot or Co-Pilot write them on a few strips of paper. Connect strips into a chain and display our growing conversation with the Lord. Feel free to revisit old prayer requests as well.

Pointing to a Globe — Have a child or Co-Pilot spin the globe and place their finger on a country. Place a star sticker on the place(s) and pray over it as a group. We will provide a PreK/K age geography book to help guide discussion and prayer. Even if you don't know anything about the country, we can lift up the people, pray for Jesus, light to shine there, the Gospel to be active there, and churches to grow, etc.

Looking out the Window — Grab a dry-erase marker, have the kids gather at the windows, and look outside. Ask the children to look for 3 things they can see out of the window to pray over. Using the dry-erase marker, write or draw these things on the window then pray over them.

Preschool Carpet Bag Prayers— Choose an item(s) out of the carpet bag. Discuss the item and different people/things the item could represent (car—driving safely, mechanics, trips, first responders, etc) Encourage kids to “think outside the bag” and help them make connections. Pray over the people, places, and things that were discussed.

Head Shoulders Knees and Toes—Pray through the song.

- Head (mind, imagination, thoughts, creativity)
- Shoulders (physical strength, things we might be dealing with)
- Knees (dancing, playing, jumping, etc.)
- Toes (walking and following after Jesus, standing strong in our faith)
- Eyes, ears, mouth & nose (seeing goodness, listening to Him, speaking truthful words, our senses, etc.)

**You're
ready for
Sunday!**

