

LOOK BACK **30 MINUTES**

Exploring Life And Praying

MEET-UP GUIDE

PRINT OUT ONE FOR EVERYONE

CHOOSE A FEW QUESTIONS YOU WANT TO ASK FOR THIS MEET-UP

- How are you doing with your growth rhythms?
- What has God been teaching you about Himself lately?
- What has God been teaching you about you lately?
- What's been some of the highlights of your time in Scripture?
- Are there any questions you're struggling with since we last met?
- Has God shown you a sin that you need to repent of?
- Has anything significant happened since last time we met that you want to share?
- What have you been asking God for lately?
- Who have you been sharing your faith with?
- How can I be praying for you till our next meet-up?

Pray For What You Heard Then Pray For God To Guide Your Time Together In His Truth

LOOK UP **30 MINUTES**

Exploring A Passage In Scripture, Lessons On Certain Topics, Or A Book You're Reading

TOPIC/TEXT: _____

1. What did you find interesting/challenging?
2. What did the lesson show you about God?
3. What did the lesson show you about you?
4. What questions do you have?

LOOK AHEAD **30 MINUTES**

Creating Solid Action Steps To Take

1. After considering what was discussed in "look back" and "look up" time, what are some specific action steps to commit to?
2. Growth Rhythms: Create, Update Or Affirm Growth Rhythms For Each Area. It's not necessary to write new rhythms each meet-up. Just make sure there is one in place.

Get Alone	For Prayer	For Bible Study	For Worship
	STP / (F)ACTS / LORD'S PRAYER / OTHER	SOAP / SPECKA / DBS / OTHER	FASTING / MEDITATION / SONGS
Get Together	For Prayer	For Bible Study	For Worship
	CHURCH / GROUPS / DISCIPLESHIP	CHURCH / GROUPS / DISCIPLESHIP	SERVICES OR GATHERINGS
*Get Active	In Obedience	In Serving	In Making Disciples
	AN AREA OF LIFE TO TRUST GOD MORE	WHO & HOW?	WHO & WHEN?

3. *Choose a Growth Rhythm from Get Active to do TOGETHER in the next month or two. Actually do it together not just each of you on your own.