

NUMBERS + DEUTERONOMY

WILDERNESS

FAITH

Covenant Relationship: Believers Find
God's Blessing Through Obedience

Deuteronomy 28:1-6, 15-19



**TRUST
AHEAD**

God is shaping you
in the wilderness
for the life He's
calling you to.

Deuteronomy 28:1-6,15-19

“And if you faithfully obey the voice of the Lord your God, being careful to do all his commandments that I command you today, the Lord your God will set you high above all the nations of the earth. ² And all these blessings shall come upon you and overtake you, if you obey the voice of the Lord your God. ³ Blessed shall you be in the city, and blessed shall you be in the field. ⁴ Blessed shall be the fruit of your womb and the fruit of your ground and the fruit of your cattle, the increase of your herds and the young of your flock. ⁵ Blessed shall be your basket and your kneading bowl. ⁶ Blessed shall you be when you come in, and blessed shall you be when you go out.

¹⁵ “But if you will not obey the voice of the Lord your God or be careful to do all his commandments and his statutes that I command you today, then all these curses shall come upon you and overtake you. ¹⁶ Cursed shall you be in the city, and cursed shall you be in the field. ¹⁷ Cursed shall be your basket and your kneading bowl. ¹⁸ Cursed shall be the fruit of your womb and the fruit of your ground, the increase of your herds and the young of your flock. ¹⁹ Cursed shall you be when you come in, and cursed shall you be when you go out.

Scripture Memory

Deuteronomy 6:4-5 (ESV)

4 “Hear, O Israel: The Lord our God, the Lord is one.[a] 5 You shall love the Lord your God with all your heart and with all your soul and with all your might.

~~Write it out:~~

Start Here: Why Obedience?

Deuteronomy 28 happens as Israel is about to enter the land God promised. Moses is giving final instructions: if they trust and obey, they'll know real blessing. If they walk away, life gets messy. It's not about earning God's love, He's already claimed them as His own, but about living out that love. The same is true for us. We obey, not to get God to love us, but because Jesus already proved He loves us, dying and rising for us. Jesus said, "If you love Me, keep My commands" (John 14:15). If you want a life that's real and full, it starts with trusting Him, and letting that trust shape your choices.

Explore the Text

- “Obey” (v.1) – Hebrew shama, meaning “to listen attentively, to hear and respond.” True obedience isn’t just hearing God’s Word; it’s acting on it.
- “Bless” (v.2) – Hebrew barak, meaning “to show favor, to enrich, or to empower to prosper.” God’s blessings touch every part of life.
- “Curse” (v.15) – Hebrew arar, meaning “to remove protection or favor.” Disobedience breaks the flow of blessing and exposes us to the natural results of rebellion.
- “Going out and coming in” (v.6, 19) – This phrase refers to all of life’s activities. God’s desire is to bless His people continually in every situation.

Day 1 – Obedience Begins with Jesus

Read Deuteronomy 28:1-2

Devotional Reading:

Moses says God's blessing comes from full-on, wholehearted obedience. Sounds impossible, right? The truth is, none of us obey perfectly, only Jesus did that. He lived the life we can't and took the punishment we deserved. Because of Him, we're already loved and accepted.

Obedience, then, is our response to what Jesus has done. It's about direction, not perfection, turning our life toward Him, step by step.

Application:

Ask the Holy Spirit: "What's one area where I need to say 'yes' to God instead of just going my own way?" Maybe it's what you watch, how you talk, or how you treat someone at school. Obedience starts when you trust Jesus enough to follow Him, even when it's hard.

Challenge:

Write down one thing you sense Jesus is leading you to change this week. Pray: "Jesus, thank You for loving and forgiving me. Help me follow You, not to earn Your love, but because I have it."

Day 2 – Blessed Wherever You Go

Read Deuteronomy 28:3

Devotional Reading:

God's blessing isn't about where you are, it's about Who you're with. Jesus promised He'd never leave you, even when life feels awkward, lonely, or overwhelming. When you're following Him, His presence goes with you: to school, practice, your room, friend drama, family stress, everywhere.

Psalm 139 reminds us there's nowhere His love can't reach!

Application:

Do you act like Jesus is with you, even in the ordinary or tough moments? Invite Him into every part of your day, not just at church or youth group.

Challenge:

Before you start tomorrow, be still for a minute. Pray: "Jesus, help me see You with me at school, at home, and everywhere I go."

Bonus: Text a Christian friend and encourage them that Jesus is with them today too.

Day 3 – Everyday Choices, Lasting Fruit

Read Deuteronomy 28:4-6

Devotional Reading:

God's blessing covers every part of life, family stuff, the little things, even homework and friendships. For Israel, it was about land and harvest. For us, it's about the life Jesus produces in us: love, joy, peace, patience, kindness (see Galatians 5:22–23).

When you trust and obey Jesus, your life overflows with good things that impact everyone around you.

And when you mess up? You're not cut off, Jesus offers forgiveness and another chance, every day.

Application:

Ask Jesus, "How can I bring Your love to someone today?" Walk in obedience by being kind, honest, or forgiving. It's not about big, dramatic stuff, it's about little moments of trust.

Challenge:

Send an encouraging message, help out at home without being asked, or pray for a friend secretly. Then, tell Jesus thank You for giving you new "fruit" because of His Spirit in you.

Optional: Share your story with your small group or a friend this week.

Day 4 – Consequences and Christ’s Compassion

Read Deuteronomy 28:15-16

Devotional Reading:

Ignoring God leads to mess and regret. God doesn’t want to punish you, He wants to protect you. But choices have consequences, and sin always makes life harder. The good news? Jesus meets us in our mess, offering grace instead of shame.

Galatians 6:7–8 says we reap what we sow. But Jesus steps in and says, “Let Me pay for what you messed up.” That’s why the cross matters.

Application:

Is there something you know isn’t honoring to Jesus, a habit, attitude, or secret? He isn’t distant or mad; He’s inviting you to come back. There’s nothing you can confess that He isn’t ready to forgive because of the cross.

Challenge:

Take two minutes and pray Psalm 139:23–24 quietly: “Search me, God... see if there’s anything in me that’s not right. Lead me back to You.” You might want to talk to a trusted leader or friend and ask them to pray with you.

Day 5 – Jesus Took the Curse; We Walk in Blessing

Read Deuteronomy 28:17-19

Devotional Reading:

Life on our own, far from God, just doesn't satisfy. But here's the miracle: Jesus took the curse for us (Galatians 3:13) so we could walk in blessing. Because He died and rose, emptiness is replaced with joy, fear with peace, guilt with purpose. You can't earn God's favor, it's a gift because of Jesus.

Even when you stumble, you're not "out." Jesus holds you close and invites you to follow Him again.

Application:

Each day, you can rest knowing God loves you, because of Jesus. Obedience isn't earning points, it's walking with the One who already calls you His.

Challenge:

Wrap up the week praying this out loud: "Jesus, thank You for taking my place on the cross and giving me Your blessing. I want to live for You, not to earn love, but because Your love changes me. Help me walk with You this week."

Afterward, take a few quiet moments and let this sink in. Maybe share what you learned with your youth group or a friend.

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