

# 08

PSALM 105:1-11,42-45

## OUR FAITHFUL GOD



### THIS WEEK'S focus

What's your family's story? You and I did not simply appear and exist in isolation; we all have ancestors who came before us. While some of us are able to trace generations of our family's history, there are those of us who aren't able to do so. However, as pastor and author Tony Merida notes, "If you're a Christian, the history of the people of God is your history."<sup>1</sup> Psalm 105 recalls God's faithfulness on Israel's behalf and offers up a song of praise. In Christ, we are recipients of the Lord's kindness and faithful love toward His people.

<sup>1</sup> Daniel L. Akin, Johnny M. Hunt, and Tony Merida, *Exalting Jesus in Psalms 101-150*, Christ-Centered Exposition Commentary, David Platt, Daniel L. Akin, and Tony Merida, eds. (Nashville, TN: Holman Reference, 2021), Logos Bible Software version, 51.



### CENTRAL truth

The Lord is faithful toward His people.



EXPLORE

# scripture

PSALM 105:1-11,42-45

## PSALM 105:1-6

1 Oh give thanks to the LORD; call upon his name; make known his deeds among the peoples! 2 Sing to him, sing praises to him; tell of all his wondrous works! 3 Glory in his holy name; let the hearts of those who seek the LORD rejoice! 4 Seek the LORD and

his strength; seek his presence continually! 5 Remember the wondrous works that he has done, his miracles, and the judgments he uttered, 6 O offspring of Abraham, his servant, children of Jacob, his chosen ones!

## PSALM 105:7-11

7 He is the LORD our God; his judgments are in all the earth. 8 He remembers his covenant forever, the word that he commanded, for a thousand generations, 9 the covenant that he made with Abraham, his sworn promise

to Isaac, 10 which he confirmed to Jacob as a statute, to Israel as an everlasting covenant, 11 saying, "To you I will give the land of Canaan as your portion for an inheritance." [...]

## PSALM 105:42-45

42 For he remembered his holy promise, and Abraham, his servant. 43 So he brought his people out with joy, his chosen ones with singing. 44 And he gave them the lands of

the nations, and they took possession of the fruit of the peoples' toil, 45 that they might keep his statutes and observe his laws. Praise the LORD!

# 08

PSALM 105:1-11,42-45

CONVERSATION

## questions

▶ READ PSALM 105:1-6.

**.01** What is the purpose of this psalm? How is praise a significant part of this psalm?

---

---

---

**.02** What does it mean to boast in the Lord's name? Why should we do this?

---

---

---

**.03** What does the term "chosen ones" (v. 6) tell us about the Lord's relationship with His people?

---

---

---



**GIVE AN ANSWER**

During difficult moments, it can be hard for us to remember that the Lord is faithful—and when we forget this truth, it can lead us to feel ungrateful, resentful, and even hopeless. But we can trust in the Lord's faithfulness because it is in God's character to be faithful (see Ex. 34:6-7), and He never changes (see Mal. 3:6; James 1:17; Heb. 13:8). Amid troubling times, we must ask the Spirit to help us remember the Lord's character. Through Scripture, we can know who God is and what He has done. Reciting God's Word in our minds is an excellent way to stay rooted in the truth when life throws difficulty our way. Thankfully, the Lord has also graciously given us siblings in Christ. Through them, we can be reminded of different ways that the Lord has faithfully provided for us in the past and we can move forward encouraged.

▶ READ PSALM 105:7-11.

**.04** Why is it important that God remembers His covenants with Abraham, Isaac, and Jacob? What does this tell us about His character?

---

---

---

**.05** Read Galatians 3:7-9. How does Paul connect faith in Jesus to God's promise to Abraham?

---

---

---

▶ READ PSALM 105:42-45.

**.06** How did the Lord demonstrate His faithfulness to the Israelites in their past?

---

---

---

**.07** What was the proper response of the Israelites to the Lord's faithfulness in their lives?

---

---

---

**.08** What makes it difficult for us to remember the Lord's faithfulness sometimes?

---

---

---



## HISTORY

As we see in verse 44, there were already people living in the land that God gave to the Israelites. This land—the land of Canaan—was occupied by peoples who were in rebellion against the Lord and became subject to His judgment. Many of the Canaanites were involved in wicked practices that included things like child sacrifice and prostituting themselves in the temples dedicated to their false gods.<sup>2</sup> The book of Joshua tells us about the defeat of these enemies and the Israelites entering the promised land. However, the Israelites were able to enter the land as evidence of God's faithfulness to them—not because of Joshua's military leadership or the Israelites' victories in battle. Through the Lord's strength and might, Israel received God's promise and the wickedness of the Canaanites was punished.

<sup>2</sup> Dan Kimball, *How (Not) To Read the Bible* (Grand Rapids, MI: Zondervan, 2020), 278.



# 08

PSALM 105:1-11,42-45

## NOW what?



### CENTRAL truth

The Lord is faithful toward His people.

**.09** How can we remind ourselves of the Lord's faithfulness toward us?

---

---

---

**.10** What makes it difficult to boast in the Lord among unbelievers? Why must we ask God for courage?

---

---

---

**.11** How have we seen the Lord's faithfulness and provision in our small group or larger church family?

---

---

---

**.12** Why is it important for us to include praise in our prayers?

---

---

---



# DAILY devotions

## MEMORIZE PSALM 105:1-2

### 7 ARROWS FOR BIBLE READING



What does this passage say?



What does this passage tell us about God?



What did this passage mean to its original audience?



How does this passage change the way I relate to people?



What does this passage tell us about humans?



How does this passage prompt me to pray?



What does this passage demand of me?

day 1

## PSALM 105:1-6

### DWELL

This psalm gives us a history lesson about the people of Israel. In it, the author recalls God's faithfulness on Israel's behalf and offers up a song of praise. Not only are readers called to reflect and praise the Lord for His wonderful works but also to tell others about them. As believers—God's people—we are the Lord's representatives to those around us. Our schools, homes, jobs, and friend groups are all opportunities to represent the Lord and share about all the wonderful works He has done for us in Christ.



Why is it important for us to continually remember all the Lord has done for us?



How do we boast in the Lord's name?

### MEMORIZE

Using colored pencils or pens, creatively write out Psalm 105:1-2 on a piece of paper. Read the verses out loud five times. Finally, try to say them out loud five times without looking, trying to picture them in your mind instead.

### PRAY

*Heavenly Father, thank You for being gracious and faithful to Your promises. In all that I say and do today, help me to boast in Your holy name.*

day 2

# PSALM 105:7-11

## DWELL

The one true God who chose Israel also demonstrated His faithfulness to them—and He will remember His covenant promises forever. Like the psalmist, we can delight in the fact that the Lord is “our God.” He is not distant, cold toward us, or out of touch—He is near to His people and provides for us. Whatever broken promises we’ve been on the receiving end of, we do not have to worry about this with the Lord. He is loyal toward His people and always keeps His word.



What is the significance of the author mentioning Abraham, Isaac, and Jacob?



How does it bring you encouragement knowing that the Lord is “our God?” How can this influence your prayers?

## MEMORIZE

Type out Psalm 105:1-2 in the Notes app on your phone or another device. Take a screenshot of it and set it as your lock screen or wallpaper.

## PRAY

*Heavenly Father, thank You for being loyal toward Your people and always keeping Your word.*

day 3

# PSALM 105:42-45

## DWELL

The history lesson continues as the psalmist recalls specific ways the Lord was faithful throughout Israel’s history. His continued grace toward them is proof that the Lord remembered His sacred promise to Abraham—and this grace should lead to obedience and praise from His people. As believers, the Lord’s grace toward us ought to motivate us to obey and praise Him. This is the proper response to who He is and what He has done on our behalf!



What should God’s grace toward us motivate us to do?



Who is another believer you can encourage with a reminder of the Lord’s faithfulness?

## MEMORIZE

Set reminders on your phone to read Psalm 105:1-2 three times each day (such as in the morning, the afternoon, and the evening).

## PRAY

*Heavenly Father, thank You for Your grace and mercy toward me in Christ. Help me to respond to Your grace with obedience and worship.*

day 4

# GENESIS 17:2-8

## DWELL

This passage shows us the full picture of God's covenant with Abraham. We not only see Abraham receive his new name (which was formerly Abram), but the Lord also promises to provide land and to make nations and kings come from his line. The Lord was faithful to the promises He made to Abraham, and you and I benefit from this faithfulness through Jesus—the true King who came from the line of Abraham to bring blessing to the nations. As those who have been blessed, we are called to extend God's blessing to those around us.



What are the promises that the Lord makes to Abraham in this passage?



What are some ways you can share how the Lord has blessed you with others?

## MEMORIZE

Say the book, chapter, and verse numbers for Psalm 105:1-2 out loud several times. Then read aloud just the first few words of the verses. Do this a few times a day and see if you can memorize more each time.

## PRAY

*Gracious God, thank You for blessing me in Christ. As someone who's been blessed, help me to be quick to share the ways I have been blessed with those around me.*

day 5

# GALATIANS 3:6-9

## DWELL

In this letter, the apostle Paul teaches that all who have put their faith in Christ Jesus are Abraham's spiritual children. God promised to bless the nations through Abraham and his descendants—and this promise is ultimately fulfilled through Jesus. Therefore, we as believers, are the fruit of God's faithfulness to Abraham and the patriarchs. This week's psalm is our own spiritual history, too!



Why do you think Paul chose to remind the Galatian churches of this truth?



What does God's commitment to His promise to Abraham tell you about His character?

## MEMORIZE

Write down the first letter of each word of Psalm 105:1-2 on a note card. At least five times today, see if you can say the verses just by looking at the letters.

## PRAY

*Lord Jesus, thank You for all that You have accomplished on my behalf. Help me to embrace my identity as a child in God's eternal family.*