

***PRAYER &
SCRIPTURE GUIDE***



2025-2026

INTRODUCTION

Why did we make this guide?

We believe that what happens on Sundays is a springboard to a *life of communion* with God in every ordinary and extraordinary day that follows. We long to encounter Jesus in his beauty as our community reads and prays in a common rhythm. Why should we read and pray in a community? Because when we read scripture we are “being addressed by God.” He is speaking to us. To hear him fully means listening and answering him *together*.

Why do we use the Liturgical Calendar?

The Liturgical Calendar (sometimes called the Christian Year or Liturgical Year) invites us into a rhythm of remembrance. Each year, we remember our family story: God made it, we ruined it but Christ has died, Christ is risen, and Christ is coming again. We desire to connect and be unified with the global-historical church in our prayer and practice.

How do I use this book?

The Scripture and Prayer Guide can be used individually, as a family, or in small groups. Move intentionally through the elements of the day: Opening Scripture, Psalm of the Day, Confession, Scripture Reading, Prayer and Abide. Even if you are by yourself, consider reading the text out loud to help you to slow down. Whether you use this in the morning, afternoon, or before you go to bed, we pray that this guide will help you hear and respond to Jesus’ voice.

How is this book structured?

This scripture guide is meant to help us read through all of scripture over the span of two years. Monday through Saturday,

we read a passage from the Old or New Testament and one Psalm. On Sunday, the Common Prayer and Scripture Guide follows the Revised Common Lectionary, which is the most used Scripture reading plan in North America. Our prayer is that this pace helps foster meditative reading while still giving us room to be “swept up” in the story of redemption.

Can I use the prayer and scripture guide if I have a family with small children?

Yes! But it may look different than you expect. If you have small children, these times will probably be chaotic and noisy. Take heart! You are developing a new rhythm. God desires presence not perfection. We recommend picking a simple rhythm and sticking to it for a bit. A simplified version of the prayer and scripture guide may look saying the opening scripture together, practicing gratitude, and praying together.

Do I have to use this guide for my devotional life if I attend Emmanuel?

No! You are free in Christ. If you already have a rhythm of communion with God in his word, working itself out in community, we encourage you to continue in that rhythm. If not, we invite you to join us.

What are the Prayer Lists in the back of this guide?

You will find a list of all our outreach and mercy partners that we support along with a brief description of their ministry. You will also find a list called “Prompted Prayers” which are short, directed prayers for our city, church, and inner life.




What are the Psalms?




The Psalms are the prayer book of God's people. They teach us how to "answer" the God who addresses us. They contain prayers for every conceivable moment in our lives: lament, joy, doubt, anger, confusion, remembering, etc... They shape how we answer God: to answer with love, awe, vulnerability, confession, and presence.

What fruit should I be looking for?

Augustine says that the genuine fruit of hearing God's voice in his word is love: "love of God and neighbor." However, for some of us, reading guides like this are places where shame and pride can grow. The good news is that we don't need to live in condemnation or shame for falling behind readings or missing weeks. Neither do we pridefully pat ourselves on the back if we manage two weeks in a row. This guide is intended to be used by ordinary people, who long to experience the love of God by his means of grace.

Let's pray.

	<p>Ordinary Time AUG 31- NOV 29</p>	<p>During Ordinary Time, we are shaped by the story of God’s faithfulness in every ordinary and extraordinary moment of our lives.</p> <p>Posture: Prayer Practice: Intentionally identify a few people to pray for in this season.</p>
	<p>Advent NOV 30- DEC 24</p>	<p>Advent means “arrival”: a season where we prepare for the coming of Jesus at Christmas.</p> <p>Posture: Waiting, Silence Practice: We invite you to take thirty minutes this week for solitude and reflection. Leave your phone in another room. Be still and pay attention. What comes to the surface? What doorways to intimacy with the living God present themselves?</p>
	<p>Christmas & Epiphany DEC 25- FEB 15</p>	<p>In Christmas, we celebrate the mystery of the incarnation, God becoming human.</p> <p>Posture: Celebration Practice: Practice gratitude during this season. Each day, name one thing you are grateful for.</p> <p>Epiphany celebrates Jesus, the light of the world, in his ministry on earth.</p>

		<p>Posture: Mission</p> <p>Practice: Consider partnering with one ministry in a tangible act of service in this season.</p>
	<p>Lent FEB 16- APR 4</p>	<p>Lent is a 40 day season leading up to Easter, focusing on renewal, repentance, and our identification with Christ in his suffering.</p> <p>Posture: Confession and Fasting Practice: Choose something to fast from in order to create space in our lives and heart to cultivate a hunger for God.</p>
	<p>Easter APR 5- MAY 23</p>	<p>The resurrection of Jesus is a reality so glorious, it requires fifty days to sink in. Christ is Risen!</p> <p>Posture: Celebration Practice: Easter Feast - Gather around the table with a few families at Emmanuel and go through an Easter celebration liturgy.</p>
	<p>Pentecost MAY 24- AUG 28</p>	<p>Pentecost celebrates the sending of the Holy Spirit and the birth of the church: God's presence unleashed into every tongue, tribe, and nation.</p> <p>Posture: Generosity Practice: International Congregational Lunch</p>

ORDINARY TIME

(August 31–November 29)



Opening Scripture

“Let the beloved of the LORD rest secure in him, for he shields him all day and long, and the one the LORD loves rests between his shoulders.” (Deuteronomy 33:12)

Psalm

Read the Psalm of the day

Confession

Take a moment to confess your sins before God who is gracious and quick to forgive.

Scripture Reading

Read the passage of the day

The Lord’s Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts as we also have forgiven our debtors. And lead us not into temptation but deliver us from evil. For yours is the kingdom, and the power and the glory forever. Amen.

Pray a prompted prayer, for an Emmanuel outreach & mercy partner, or whatever else the Lord brings to your attention.

Abide

Pause to rest in the presence of the Father, Son, and Spirit. Seek his face through prayer, stillness, or returning to scripture.

Day	Date	Reading	Psalm
Sun.	Aug. 31	Jeremiah 2:4-13	112
Mon.	Sep. 1	Matthew 1-2	48
Tues.	Sep. 2	Matthew 3-4	49
Wed.	Sep. 3	Matthew 5	50
Thurs.	Sep. 4	Matthew 6	51
Fri.	Sep. 5	Matthew 7	52
Sat.	Sep. 6	Matthew 8-9	53
Sun.	Sep. 7	Deuteronomy 30:15-20	1
Mon.	Sep. 8	Matthew 10-11	54
Tues.	Sep. 9	Matthew 12-13	55
Wed.	Sep. 10	Matthew 14-15	56
Thurs.	Sep. 11	Matthew 16-17	57
Fri.	Sep. 12	Matthew 18-19	58
Sat.	Sep. 13	Matthew 20-21	59
Sun.	Sep. 14	Exodus 32:7-14	14
Mon.	Sep. 15	Matthew 22-23	60
Tues.	Sep. 16	Matthew 24-25	61
Wed.	Sep. 17	Matthew 26-27	62
Thurs.	Sep. 18	Matthew 28	63
Fri.	Sep. 19	Acts 1-2	64
Sat.	Sep. 20	Acts 3-4	65
Sun.	Sep. 21	Amos 8:4-7	113
Mon.	Sep. 22	Acts 5-6	66
Tues.	Sep. 23	Acts 7-8	67
Wed.	Sep. 24	Acts 9-10	68
Thurs.	Sep. 25	Acts 11-12	69
Fri.	Sep. 26	Acts 13-14	70

Day	Date	Reading	Psalm
Sat.	Sep. 27	Acts 15-16	71
Sun.	Sep. 28	Jeremiah 8:18-9:1	146
Mon.	Sep. 29	Acts 17-18	72
Tues.	Sep. 30	Acts 19-20	73
Wed.	Oct. 1	Acts 21-22	74
Thurs.	Oct. 2	Acts 23-24	75
Fri.	Oct. 3	Acts 25-26	76
Sat.	Oct. 4	Acts 27-28	77
Sun.	Oct. 5	Lamentations 1:1-6; 3:19-26	137
Mon.	Oct. 6	Romans 1-2	78
Tues.	Oct. 7	Romans 3-4	79
Wed.	Oct. 8	Romans 5-6	80
Thurs.	Oct. 9	Romans 7-8	81
Fri.	Oct. 10	Romans 9-10	82
Sat.	Oct. 11	Romans 11-12	83
Sun.	Oct. 12	2 Kings 5:1-3, 7-15	111
Mon.	Oct. 13	Romans 13-14	84
Tues.	Oct. 14	Romans 15-16	85
Wed.	Oct. 15	1 Corinthians 1-2	86
Thurs.	Oct. 16	1 Corinthians 3-4	87
Fri.	Oct. 17	1 Corinthians 5-6	88
Sat.	Oct. 18	1 Corinthians 7-8	89
Sun.	Oct. 19	Genesis 32:22-31	121
Mon.	Oct. 20	1 Corinthians 9-10	90

Day	Date	Reading	Psalm
Tues.	Oct. 21	1 Corinthians 11-12	91
Wed.	Oct. 22	1 Corinthians 13-14	92
Thurs.	Oct. 23	1 Corinthians 15-16	93
Fri.	Oct. 24	2 Corinthians 1-2	94
Sat.	Oct. 25	2 Corinthians 3-4	95
Sun.	Oct. 26	Joel 2:23-32	65
Mon.	Oct. 27	2 Corinthians 5-6	96
Tues.	Oct. 28	2 Corinthians 7-8	97
Wed.	Oct. 29	2 Corinthians 9-10	98
Thurs.	Oct. 30	2 Corinthians 11-12	99
Fri.	Oct. 31	2 Corinthians 13	100
Sat.	Nov. 1	Galatians 1-2	101
Sun.	Nov. 2	Habakkuk 1:1-4, 2:1-4	119:137-144
Mon.	Nov. 3	Galatians 3-4	102
Tues.	Nov. 4	Galatians 5-6	103
Wed.	Nov. 5	Ephesians 1-2	104
Thurs.	Nov. 6	Ephesians 3-4	105
Fri.	Nov. 7	Ephesians 5-6	106
Sat.	Nov. 8	Philippians 1-2	107
Sun.	Nov. 9	Haggai 1:15-2:9	98
Mon.	Nov. 10	Philippians 3-4	108
Tues.	Nov. 11	Colossians 1-2	109
Wed.	Nov. 12	Colossians 3-4	110
Thurs.	Nov. 13	1 Thessalonians 1	111

Day	Date	Reading	Psalm
Fri.	Nov. 14	1 Thessalonians 2-3	112
Sat.	Nov. 15	1 Thessalonians 4-5	113
Sun.	Nov. 16	Isaiah 65:17-25	98
Mon.	Nov. 17	2 Thessalonians	114
Tues.	Nov. 18	1 Timothy 1-2	115
Wed.	Nov. 19	1 Timothy 3-4	116
Thurs.	Nov. 20	1 Timothy 5-6	117
Fri.	Nov. 21	2 Timothy 1-2	118
Sat.	Nov. 22	2 Timothy 3-4	119:1-65
Sun.	Nov. 23	Jeremiah 23:1-6	Psalm 46
Mon.	Nov. 24	Titus	119:65-112
Tues.	Nov. 25	Philemon	119:113-176
Wed.	Nov. 26	Hebrews 1-3	120
Thurs.	Nov. 27	Hebrews 4-5	121
Fri.	Nov. 28	Hebrews 6-7	122
Sat.	Nov. 29	Hebrews 8-9	123

ADVENT

(November 30-December 24)



Opening Scripture

A voice cries: “In the wilderness prepare the way of the LORD; make straight in the desert a highway for our God.”
(Isaiah 40:3)

Psalm

Read the Psalm of the day

Confession

Take a moment to confess your sins before God who is gracious and quick to forgive.

Scripture Reading

Read the passage of the day

The Lord’s Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts as we also have forgiven our debtors. And lead us not into temptation

but deliver us from evil. For yours is the kingdom, and the power and the glory forever. Amen.

Pray a prompted prayer, for an Emmanuel outreach & mercy partner, or whatever else the Lord brings to your attention.

Abide

Pause to rest in the presence of the Father, Son, and Spirit. Seek his face through prayer, stillness, or return to scripture.

Day	Date	Reading	Psalm
Sun.	Nov. 30	Isaiah 2:1-5	122
Mon.	Dec. 1	Hebrews 10-11	124
Tues.	Dec. 2	Hebrews 12-13	125
Wed.	Dec. 3	James 1-2	126
Thurs.	Dec. 4	James 3-4	127
Fri.	Dec. 5	James 5	128
Sat.	Dec. 6	1 Peter 1-3	129
Sun.	Dec. 7	Isaiah 11:1-10	72:1-7
Mon.	Dec. 8	1 Peter 4-5	130
Tues.	Dec. 9	2 Peter	131
Wed.	Dec. 10	1 John 1	132
Thurs.	Dec. 11	1 John 2-3	133
Fri.	Dec. 12	1 John 4-5	134
Sat.	Dec. 13	2 John	135
Sun.	Dec. 14	Isaiah 35:1-10	Psalm 146:5-10
Mon.	Dec. 15	3 John	136
Tues.	Dec. 16	Jude	137
Wed.	Dec. 17	Revelation 1	138
Thurs.	Dec. 18	Revelation 2-3	139
Fri.	Dec. 19	Revelation 4-5	140
Sat.	Dec. 20	Revelation 6-7	141
Sun.	Dec. 21	Isaiah 7:10-16	Psalm 80:1- 7
Mon.	Dec. 22	Revelation 8-9	142
Tues.	Dec. 23	Revelation 10-11	143
Wed.	Dec. 24	Isaiah 9:2-7	144

CHRISTMAS AND EPIPHANY

(December 25-February 15)



Opening Scripture

“Lord, to whom shall we go? You have the words of eternal life.” (John 6:68)

Psalm

Read the Psalm of the day

Confession

Take a moment to confess your sins before God who is gracious and quick to forgive.

Scripture Reading

Read the passage of the day

The Lord's Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts as we also have forgiven our debtors. And lead us not into temptation

but deliver us from evil. For yours is the kingdom, and the power and the glory forever. Amen.

Pray a prompted prayer, for an Emmanuel outreach & mercy partner, or whatever else the Lord brings to your attention.

Abide

Pause to rest in the presence of the Father, Son, and Spirit. Seek his face through prayer, stillness, or return to scripture.

Day	Date	Reading	Psalm
Thurs.	Dec. 25	Revelation 12-13	145
Fri.	Dec. 26	Revelation 14-15	146
Sat.	Dec. 27	Revelation 16-17	147
Sun.	Dec. 28	Isaiah 63:7-9	148
Mon.	Dec. 29	Revelation 18-19	148
Tues.	Dec. 30	Revelation 20-21	149
Wed.	Dec. 31	Revelation 22	150
Thurs.	Jan. 1	Genesis 1-2	1
Fri.	Jan. 2	Genesis 3-4	2
Sat.	Jan. 3	Genesis 5-6	3
Sun.	Jan. 4	Ephesians 1:3-14	147:12-20
Mon.	Jan. 5	Genesis 7-8	4
Tues.	Jan. 6	Genesis 9-10	5
Wed.	Jan. 7	Genesis 11-12	6
Thurs.	Jan. 8	Genesis 13-14	7
Fri.	Jan. 9	Genesis 15-16	8
Sat.	Jan. 10	Genesis 17-18	9
Sun.	Jan. 11	Acts 10:34-43	29
Mon.	Jan. 12	Genesis 19-20	10
Tues.	Jan. 13	Genesis 21-22	11
Wed.	Jan. 14	Genesis 23-24	12
Thurs.	Jan. 15	Genesis 25-26	13
Fri.	Jan. 16	Genesis 27-28	14
Sat.	Jan. 17	Genesis 29-30	15
Sun.	Jan. 18	John 1:29-42	40:1-11
Mon.	Jan. 19	Genesis 31-32	16

Tues.	Jan. 20	Genesis 33-34	17
Wed.	Jan. 21	Genesis 35-36	18
Thurs.	Jan. 22	Genesis 37-38	19
Fri.	Jan. 23	Genesis 39-40	20
Sat.	Jan. 24	Genesis 41-42	21
Sun.	Jan. 25	1 Corinthians 1:10-18	27
Mon.	Jan. 26	Genesis 43-44	22
Tues.	Jan. 27	Genesis 45-46	23
Wed.	Jan. 28	Genesis 47-48	24
Thurs.	Jan. 29	Genesis 49-50	25
Fri.	Jan. 30	Exodus 1-2	26
Sat.	Jan. 31	Exodus 3-4	27
Sun.	Feb. 1	1 Corinthians 1:18-31	15
Mon.	Feb. 2	Exodus 5-6	28
Tues.	Feb. 3	Exodus 7-8	29
Wed.	Feb. 4	Exodus 9-10	30
Thurs.	Feb. 5	Exodus 11-12	31
Fri.	Feb. 6	Exodus 13-14	32
Sat.	Feb. 7	Exodus 15-16	33
Sun.	Feb. 8	Hebrews 2:14-18	84
Mon.	Feb. 9	Exodus 17-18	34
Tues.	Feb. 10	Exodus 19-20	35
Wed.	Feb. 11	Exodus 21-22	36
Thurs.	Feb. 12	Exodus 23-24	37
Fri.	Feb. 13	Exodus 25-26	38
Sat.	Feb. 14	Exodus 27-28	39
Sun.	Feb. 15	Matthew 17:1-9	2

LENT

(February 16-April 4)



Opening Scripture

“The Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words.”
(Romans 8:26)

Psalm

Read the Psalm of the day

Confession

Take a moment to confess your sins before God who is gracious and quick to forgive.

Scripture Reading

Read the passage of the day

The Lord’s Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts as we also have forgiven our debtors. And lead us not into temptation

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Abide

Pause to rest in the presence of the Father, Son, and Spirit. Seek his face through prayer, stillness, or returning to scripture.

Day	Date	Reading	Psalm
Mon.	Feb. 16	Exodus 29-30	40
Tues.	Feb. 17	Exodus 31-32	41
Wed.	Feb. 18	Exodus 33-34	42
Thurs.	Feb. 19	Exodus 35-36	43
Fri.	Feb. 20	Exodus 37-38	44
Sat.	Feb. 21	Exodus 39-40	45
Sun.	Feb. 22	Matthew 4:1-11	32
Mon.	Feb. 23	Leviticus 1-2	46
Tues.	Feb. 24	Leviticus 3-4	47
Wed.	Feb. 25	Leviticus 5-6	48
Thurs.	Feb. 26	Leviticus 7-8	49
Fri.	Feb. 27	Leviticus 9-10	50
Sat.	Feb. 28	Leviticus 11-12	51
Sun.	Mar. 1	John 3:1-17	121
Mon.	Mar. 2	Leviticus 13-14	52
Tues.	Mar. 3	Leviticus 15-16	53
Wed.	Mar. 4	Leviticus 17-18	54
Thurs.	Mar. 5	Leviticus 19-20	55
Fri.	Mar. 6	Leviticus 21-22	56
Sat.	Mar. 7	Leviticus 23-24	57
Sun.	Mar. 8	John 4:5-42	95
Mon.	Mar. 9	Leviticus 25-26	58
Tues.	Mar. 10	Leviticus 27	59
Wed.	Mar. 11	Numbers 1	60
Thurs.	Mar. 12	Numbers 2-3	61

Fri.	Mar. 13	Numbers 4-5	62
Sat.	Mar. 14	Numbers 6-7	63
Sun.	Mar. 15	John 9:1-41	23
Mon.	Mar. 16	Numbers 8-9	64
Tues.	Mar. 17	Numbers 10-11	65
Wed.	Mar. 18	Numbers 12-13	66
Thurs.	Mar. 19	Numbers 14-15	67
Fri.	Mar. 20	Numbers 16-17	68
Sat.	Mar. 21	Numbers 18-19	69
Sun.	Mar. 22	John 11:1-45	130
Mon.	Mar. 23	Numbers 20-21	70
Tues.	Mar. 24	Numbers 22-23	71
Wed.	Mar. 25	Numbers 24-25	72
Thurs.	Mar. 26	Numbers 26-27	73
Fri.	Mar. 27	Numbers 28-29	74
Sat.	Mar. 28	Numbers 30-31	75
Sun.	Mar. 29	Matthew 26:14-27:66	31:9-16
Mon.	Mar. 30	Numbers 32-33	76
Tues.	Mar. 31	Numbers 34-35	77
Wed.	Apr. 1	Numbers 36	78
Thurs.	Apr. 2	Deuteronomy 1	79
Fri.	Apr. 3	Deuteronomy 2-3	80
Sat.	Apr. 4	Deuteronomy 4-5	81

EASTER

(April 5-May 23)



Opening Scripture

“To him who sits on the throne and to the Lamb be blessing and honor and glory and might forever and ever.”

(Revelation 5:13)

Psalm

Read the Psalm of the day

Confession

Take a moment to confess your sins before God who is gracious and quick to forgive.

Scripture Reading

Read the passage of the day

The Lord's Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts as we also have forgiven our debtors. And lead us not into temptation but deliver us from evil. For yours is the kingdom, and the power and the glory forever. Amen.

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Abide

Pause to rest in the presence of the Father, Son, and Spirit. Seek his face through prayer, stillness, or return to scripture.

Day	Date	Reading	Psalm
Sun.	Apr. 5	Matthew 28:1-10	114
Mon.	Apr. 6	Deuteronomy 6-7	82
Tues.	Apr. 7	Deuteronomy 8-9	83
Wed.	Apr. 8	Deuteronomy 10-11	84
Thurs.	Apr. 9	Deuteronomy 12-13	85
Fri.	Apr. 10	Deuteronomy 14-15	86
Sat.	Apr. 11	Deuteronomy 16-17	87
Sun.	Apr. 12	John 20:19-31	16
Mon.	Apr. 13	Deuteronomy 18-19	88
Tues.	Apr. 14	Deuteronomy 20-21	89
Wed.	Apr. 15	Deuteronomy 22-23	90
Thurs.	Apr. 16	Deuteronomy 24-25	91
Fri.	Apr. 17	Deuteronomy 26-27	92
Sat.	Apr. 18	Deuteronomy 28-29	93
Sun.	Apr. 19	Luke 24:13-35	116:1-4,12-19
Mon.	Apr. 20	Deuteronomy 30-31	94
Tues.	Apr. 21	Deuteronomy 32-33	95
Wed.	Apr. 22	Deuteronomy 34	96
Thurs.	Apr. 23	Joshua 1	97
Fri.	Apr. 24	Joshua 2-3	98
Sat.	Apr. 25	Joshua 4-5	99
Sun.	Apr. 26	John 10:1-10	23
Mon.	Apr. 27	Joshua 6-7	100
Tues.	Apr. 28	Joshua 8-9	101
Wed.	Apr. 29	Joshua 10-11	102

Thurs.	Apr. 30	Joshua 12 -13	103
Fri.	May 1	Joshua 14-15	104
Sat.	May 2	Joshua 16-17	105
Sun.	May 3	John 14:1-14	31
Mon.	May 4	Joshua 18-19	106
Tues.	May 5	Joshua 20-21	107
Wed.	May 6	Joshua 22-23	108
Thurs.	May 7	Joshua 24	109
Fri.	May 8	Job 1-2	110
Sat.	May 9	Job 3-4	111
Sun.	May 10	John 14:15-21	Psalms 66:8-20
Mon.	May 11	Job 5-6	112
Tues.	May 12	Job 7-8	113
Wed.	May 13	Job 9-10	114
Thurs.	May 14	Job 11-12	115
Fri.	May 15	Job 13-14	116
Sat.	May 16	Job 15-16	117
Sun.	May 17	John 17:1-11	68:1-10, 32-35
Mon.	May 18	Job 17-18	118
Tues.	May 19	Job 19-20	119:1-64
Wed.	May 20	Job 21-22	119:65-112
Thurs.	May 21	Job 23-24	119:113-176
Fri.	May 22	Job 25-26	120
Sat.	May 23	Job 27-28	121

Pentecost

(May 24-August 28)



Opening Scripture

“The Spirit of God has made me, and the breath of the Almighty gives me life.” (Job 33:4)

Psalm

Read the Psalm of the day

Confession

Take a moment to confess your sins before God who is gracious and quick to forgive.

Scripture Reading

Read the passage of the day

The Lord’s Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts as we also have forgiven our debtors. And lead us not into temptation but deliver us from evil. For yours is the kingdom, and the power and the glory forever. Amen.

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Abide

Pause to rest in the presence of the Father, Son, and Spirit. Seek his face through prayer, stillness, or coming back to scripture.

Day	Date	Reading	Psalm
Sun.	May 24	Acts 2:1-21	104:24-35
Mon.	May 25	Job 29-30	122
Tues.	May 26	Job 31-32	123
Wed.	May 27	Job 33-34	123
Thurs.	May 28	Job 35-36	125
Fri.	May 29	Job 37-38	126
Sat.	May 30	Job 40-42	127
Sun.	May 31	Romans 12:9-16	113
Mon.	Jun. 1	Song of Songs 1-2	128
Tues.	Jun. 2	Song of Songs 3-4	129
Wed.	Jun. 3	Song of Songs 5-6	130
Thurs.	Jun. 4	Song of Songs 7-8	131
Fri.	Jun. 5	Mark 1	132
Sat.	Jun. 6	Mark 2	133
Sun.	Jun. 7	Hosea 5:15-6:6	50:7-15
Mon.	Jun. 8	Mark 3	134
Tues.	Jun. 9	Mark 4	135
Wed.	Jun. 10	Mark 5	136
Thurs.	Jun. 11	Mark 6	137
Fri.	Jun. 12	Mark 7	138
Sat.	Jun. 13	Mark 8	139
Sun.	Jun. 14	Exodus 19:2-8a	100
Mon.	Jun. 15	Mark 9	140
Tues.	Jun. 16	Mark 10	141
Wed.	Jun. 17	Mark 11	142

Thurs.	Jun. 18	Mark 12	143
Fri.	Jun. 19	Mark 13	144
Sat.	Jun. 20	Mark 14	145
Sun.	Jun. 21	Genesis 21:8-21	86:1-10, 16-17
Mon.	Jun. 22	Mark 15	146
Tues.	Jun. 23	Mark 16	147
Wed.	Jun. 24	Isaiah 1-2	148
Thurs.	Jun. 25	Isaiah 3-4	149
Fri.	Jun. 26	Isaiah 5-6	150
Sat.	Jun. 27	Isaiah 7-8	1
Sun.	Jun. 28	Romans 6:1b-11	13
Mon.	Jun. 29	Isaiah 9-10	2
Tues.	Jun. 30	Isaiah 11-12	3
Wed.	Jul. 1	Isaiah 13-14	4
Thurs.	Jul. 2	Isaiah 15-16	5
Fri.	Jul. 3	Isaiah 17-18	6
Sat.	Jul. 4	Isaiah 19-20	7
Sun.	Jul. 5	Romans 7:15-25a	145
Mon.	Jul. 6	Isaiah 21-22	8
Tues.	Jul. 7	Isaiah 23-24	9
Wed.	Jul. 8	Isaiah 25-26	10
Thurs.	Jul. 9	Isaiah 27-28	11
Fri.	Jul. 10	Isaiah 29-30	12
Sat.	Jul. 11	Isaiah 31-32	13
Sun.	Jul. 12	Romans 8:1-11	119:105-112
Mon.	Jul. 13	Isaiah 33-34	14
Tues.	Jul. 14	Isaiah 35-36	15

Wed.	Jul. 15	Isaiah 37-38	16
Thurs.	Jul. 16	Isaiah 39	17
Fri.	Jul. 17	Isaiah 40	18
Sat.	Jul. 18	Isaiah 41-42	19
Sun.	Jul. 19	Romans 8:12-25	86:11-17
Mon.	Jul. 20	Isaiah 43-44	20
Tues.	Jul. 21	Isaiah 45-46	21
Wed.	Jul. 22	Isaiah 47-48	22
Thurs.	Jul. 23	Isaiah 49-50	23
Fri.	Jul. 24	Isaiah 51-52	24
Sat.	Jul. 25	Isaiah 53-54	25
Sun.	Jul. 26	Romans 8:26-39	128
Mon.	Jul. 27	Isaiah 55-56	26
Tues.	Jul. 28	Isaiah 57-58	27
Wed.	Jul. 29	Isaiah 59-60	28
Thurs.	Jul. 30	Isaiah 61-62	29
Fri.	Jul. 31	Isaiah 63-64	30
Sat.	Aug. 1	Isaiah 65-66	31
Sun.	Aug. 2	Romans 9:1-5	17:1-7, 15
Mon.	Aug. 3	Ezekiel 1-2	32
Tues.	Aug. 4	Ezekiel 3-4	33
Wed.	Aug. 5	Ezekiel 5-6	34
Thurs.	Aug. 6	Ezekiel 7-8	35
Fri.	Aug. 7	Ezekiel 9-10	36
Sat.	Aug. 8	Ezekiel 11-12	37
Sun.	Aug. 9,	Matthew 14:22-33	85:8-13
Mon.	Aug. 10	Ezekiel 13-14	38

Tues.	Aug. 11	Ezekiel 15-16	39
Wed.	Aug. 12	Ezekiel 17-18	40
Thurs.	Aug. 13	Ezekiel 19-20	41
Fri.	Aug. 14	Ezekiel 21-22	42
Sat.	Aug. 15	Ezekiel 23-24	43
Sun.	Aug. 16	Matthew 15:21-28	67
Mon.	Aug. 17	Ezekiel 25-27	44
Tues.	Aug. 18	Ezekiel 28-29	45
Wed.	Aug. 19	Ezekiel 30-31	46
Thurs.	Aug. 20	Ezekiel 32-33	47
Fri.	Aug. 21	Ezekiel 34-35	48
Sat.	Aug. 22	Ezekiel 36-38	49
Sun.	Aug. 23	Matthew 16:13-20	124
Mon.	Aug. 24	Ezekiel 39-40	50
Tues.	Aug. 25	Ezekiel 40-41	51
Wed.	Aug. 26	Ezekiel 42-43	52
Thurs.	Aug. 27	Ezekiel 44-45	53
Fri.	Aug. 28	Ezekiel 45-48	54

OUTREACH & MERCY PARTNERS

1. Imbumi and Martha Makuku

Pastor Imbumi and Martha Makuku are national Kenyans who minister in the Kibera slum of Nairobi, Kenya. Kibera is one of the largest slums in the world, with about 500,000 people living in approximately one square mile. Imbumi and Martha began the Kibera Reformed Presbyterian Church in 2002, and focus on preaching the truth of the Gospel in a vibrant worship service each Sunday. Since the youngest members of a society are frequently the primary victims of poverty and AIDS, the church reaches out to the children through the Shunem Girls' shelter (a home for girls who are coming out of extremely negligent, abusive, and dangerous situations), the Mumlaka School, and provides shelter for 7 homeless teenage boys.

2. Robyn Ham / Thirdmill

Robyn Ham is a member of Emmanuel and serves at Thirdmill Global Network, a part of Thirdmill Ministries. Thirdmill Ministries provides Biblical education throughout the world with a high-quality multimedia seminary-level curriculum for free. She is currently serving as an Area Director for Asia, including Mongolia, Philippines, and South Korea, training and teaching using Thirdmill curriculum. She will also be teaching at a missions center in South Korea, which serves a large migrant worker community, equipping them to be leaders when they return to their home country.

3. Alex and Suzanne Sarran

The Sarrans and their six children are planting a church in Lyon, France under Global Outreach Mission and in partnership with Mission to the World, as well as the French Reformed Evangelical denomination. Alex preaches, leads services and Bible studies, makes pastoral visits, and organizes youth events and other outreach efforts. Suzanne is involved in relational evangelism, leads women's Bible studies, and exercises her gift of hospitality. The Sarrans try to draw the best from their rich Franco-American-Scottish background and ask you to pray for the Gospel to take root in the rocky soil of France.

4. North Africa Supported Missionary

The identity of these missionaries are kept confidential for security and safety reasons. These missionaries have worked in Western Europe and most recently in North Africa in order to establish multicultural church plants, minister to the mercy needs of the community, and to recruit others to help with the exciting work in this region of the world.

5. Apartment Life Ministries

Apartment Life is a non-profit that seeks to help neighbors connect and form relationships with one another in the name of Jesus Christ. Located in Ballston Park, they plan events, care for residents and staff, and look for creative ways to serve the neighborhood.

6. One Voice Fellowship

One Voice is a new multi-cultural, multi-lingual PCA church in Northern Virginia, near the Seven Corners

neighborhood, who strives to reach and reflect the diversity in this region in the name of Jesus Christ.

7. Arlington Bridge Builders & Bridge Kids

ABB is dedicated to partnering with area churches, Christian organizations, and individuals who seek to positively impact Arlington through compassionate service and the sharing of the Gospel. They serve the needs of small congregations, especially local immigrant congregations, and the physical needs of those living in poverty in our community. Bridge Kids is a 5 day a week after school tutoring program providing support for kids in South Arlington County.

8. Casa Chirilagua

Casa Chirilagua is a ministry that provides tutoring and spiritual mentoring to residents of the Chirilagua neighborhood located at the border of South Arlington and Alexandria. They seek to develop relationships with families to see this neighborhood transformed by Christ through living incarnation among their neighbors and being the hands and feet of Christ daily.

9. Assist Pregnancy Center

Assist Pregnancy Center exists to promote life through Christ to those vulnerable to abortion. Through the provision of pregnancy medical services, options for counseling, parenting education, and abortion-recovery programs, Assist comes alongside abortion-vulnerable individuals to affirm life and share the hope found in the Gospel of Jesus Christ. Assist is supported by many volunteers, individual donors, and churches committed to

protecting life in Northern Virginia.

10. Project Belong

Project Belong inspires, recruits, and resources churches and families in Virginia to foster and adopt, in order to spread the love of Christ to children in crisis. More than 500 children are in foster care in Metro Northern Virginia. Emmanuel in particular supports the “Don’t Go Alone” program for young adults who have aged out of the foster care system.

11. Restoration Immigration Legal Aid (RILA)

RILA provides pro bono immigration legal assistance to those in the DC area who are most vulnerable and who have the fewest resources - asylum-seekers and immigrant children who have been abused or abandoned. Applying for and ultimately obtaining legal status is life-changing and sets these populations on a path toward stability, security, and hope.

12. Compassion International

Emmanuel’s community of Compassion sponsors collectively supports the poorest of poor children in countries all of the world. These Emmanuel families develop long-term one-on-one relationships with their sponsored children, encouraging them through regular correspondence, praying for them as they grow up in a challenging environment, and providing financial support that permits these boys and girls to benefit from Compassion’s church-based, holistic child development

programs.

13. International Justice Mission (IJM)

IJM is a Christian human rights agency that secures justice for victims of slavery, sexual exploitation and other forms of violent oppression. They rescue and care for the victims, prosecute the perpetrators, and promote structural change in the public justice systems. Their vision is to rescue thousands, protect millions, and prove that justice for the poor is possible.

14. SaveThem

SAVETHEM is a non-profit organization, founded by a member of Emmanuel, that is growing a counter human-trafficking network across South Africa and globally, with a focus on bringing under control the grip of organized crime. The team runs a safe house for victims and works very closely with national authorities to bring justice to this fight. SaveThem leverages a full mission profile of anti-trafficking work, ranging from rescue, to prosecution, and to victim restoration, with the aim of supporting this justice work in South Africa in partnership with the United States and other critical nations.

PROMPTED PRAYERS

- For gratitude for God's grace to us in the gift of Jesus
- For those experiencing homelessness or instability in their housing
- For those who work in our local and federal government
- For the artists, musicians and writers in our community
- For those who do not yet know Jesus
- For those who live as widows and widowers
- For the orphans in our community
- For the flourishing of marriages and families in our neighborhoods
- For those trapped in financial debt
- For the poor and oppressed in our city
- For all involved in the foster care system and adoption system
- For parents to experience joy in the nurture of their children
- For schoolteachers, administrators, staff and students
- For the ability to offer care to someone who is suffering
- For humility and adaptability to life's interruptions
- For those who suffer mental affliction
- For protection against despair and hopelessness in a world that is often sad and confusing
- For children and youth in our church community
- For those in vocational ministry

- For those who suffer from addiction and those who support them
- For the sick
- For those who worship under the threat of persecution
- For those grieving the death of a loved one
- For those that work in public safety
- For peace
- For the victims of human trafficking
- For the wisdom to remember our mortality and limitation
- For deepening awareness of God's presence