



CHRIST OUR KING COMMUNITY CHURCH

21-Day Daniel Fast Scripture & Prayer Guide 2026

Theme for Week 1: Setting Our Hearts Before the Lord. This week mirrors Daniel's posture—intentional devotion and self-examination before God acts.

Day 1	January 5	Daniel 1:8, 11-12; Daniel 9:3-4; & Daniel 10:2	<i>Commitment & consecration.</i> Pray for grace to set your heart firmly before God and remain faithful in the fast.
Day 2	January 6	Daniel 2:9-22	<i>Dependence on God's wisdom.</i> Ask God for clarity, revelation, and trust when answers seem hidden.
Day 3	January 7	Daniel 10:10-13	<i>Perseverance in prayer.</i> Pray for endurance, knowing spiritual resistance may accompany obedience.
Day 4	January 8	Psalm 139:23-24	<i>Heart examination.</i> Invite God to reveal anything that needs repentance or realignment.
Day 5	January 9	Philippians 2:3	<i>Humility.</i> Pray for a selfless spirit and unity within the church.
Day 6	January 10	Psalm 119:133	<i>Holy discipline.</i> Ask God to order your steps and break the power of habitual sin.
Day 7	January 11	Hebrews 5:14	<i>Spiritual maturity.</i> Pray for discernment and growth through obedience.

Theme for Week 2: Being Strengthened from the Inside Out. This week emphasizes being equipped and renewed so we can remain steadfast.

Day 8	January 12	Ephesians 6:10-20	<i>Spiritual armor.</i> Pray to stand firm against opposition and remain bold in faith.
Day 9	January 13	Mark 6:31	<i>Rest and renewal.</i> Ask God to restore your soul and quiet your spirit.
Day 10	January 14	2 Timothy 1:13-14	<i>Guarding truth.</i> Pray to hold firmly to sound teaching and godly values.
Day 11	January 15	Psalm 139:23-24	<i>Ongoing refinement.</i> Revisit heart posture and ask God to refine motives.
Day 12	January 16	Proverbs 3:5-6	<i>Trust and surrender.</i> Pray for full reliance on God's direction.
Day 13	January 17	Acts 6:4	<i>Devotion to prayer & the Word.</i> Ask for renewed hunger for Scripture and prayer.

Day 14	January 18	Romans 15:5-6	<i>Unity.</i> Pray for harmony, patience, and one voice glorifying God.
Theme for Week 3: Living for God's Glory. This final week looks outward—how a transformed heart lives and bears fruit.			
Day 15	January 19	1 Samuel 16:7	<i>God's perspective.</i> Pray to see people and situations through God's eyes.
Day 16	January 20	Isaiah 48:17	<i>Teachability.</i> Ask God to guide and instruct you in His ways.
Day 17	January 21	1 Corinthians 3:7-9	<i>Faithful service.</i> Pray to labor well, trusting God for the increase.
Day 18	January 22	2 Corinthians 4:17	<i>Eternal perspective.</i> Pray for endurance through trials with eternity in view.
Day 19	January 23	2 Corinthians 10:17	<i>God's glory alone.</i> Ask for a heart that boasts only in the Lord.
Day 20	January 24	Colossians 4:6	<i>Gracious witness.</i> Pray that your words reflect Christ and draw others to Him.
Day 21	January 25	Psalm 16:11	<i>Joy & fullness in God.</i> Celebrate God's presence, thanking Him for what He has done during the fast.