

Colossians – Week 6 – Anchor for my soul – Bible Study Helps

Sermon Summary:

This sermon from Colossians 2:1-7 emphasizes that believers possess everything they need in Jesus Christ, who contains all the treasures of wisdom and knowledge. The sermon challenges the church to move beyond superficial Christianity and develop a deeper, more intimate relationship with Christ. The central message warns against false teachers who claim believers need something beyond Christ, while affirming that spiritual maturity comes not from acquiring new information but from knowing Christ more personally. The sermon stresses that Christians must be rooted, built up, and established in Christ, with gratitude overflowing from their lives. True spiritual growth happens when believers prioritize daily fellowship with Jesus, allowing Him to guide every aspect of their lives rather than relying on their own understanding or seeking solutions elsewhere.

Key Points:

- Christ contains all the treasures of wisdom and knowledge; believers need nothing beyond Him
- The Apostle Paul's burden was for believers to comprehend the fullness of what they possess in Christ
- Spiritual maturity comes from knowing Christ more deeply, not from accumulating more information
- Believers must guard against false teachers who offer enticing words claiming something beyond Christ is needed
- The Christian life follows a pattern: receive Christ, walk in Him, be rooted in Him, built up in Him, and established in faith
- Gratitude and thanksgiving are signs of spiritual health and overflow from knowing Christ
- Growing in Christ means going deeper into the relationship you already have, not finding something new
- Believers should prioritize daily fellowship with Jesus Christ above all other activities
- The solution to life's problems is found in a closer walk with Jesus, not in worldly wisdom
- Discipleship is essential for believers to understand and apply biblical truth to their lives

Scripture Reference:

- Colossians 2:1-7 (primary passage)
- Colossians 1:27 (Christ in you, the hope of glory)
- 2 Peter 1:3-4 (God has given us all things that pertain to life and godliness)

Colossians – Week 6 – Anchor for my soul – Bible Study Helps

- 2 Peter 3:18 (Grow in grace and knowledge of Jesus Christ)
- 2 Chronicles 1:7-12 (Solomon asking for wisdom and knowledge)
- Ephesians 3:14-19 (Rooted and grounded in love, comprehending the fullness of Christ)
- Philippians 3:10 (That I may know Him)
- Hebrews 6:19 (Christ as our anchor - referenced in title)

Stories:

- The doctor analogy: A doctor tells a patient the bad news (you're the problem) and good news (here's the solution), illustrating how people often know what's wrong but refuse to change
- The Red Bull illustration: People continue consuming what they know is harmful, paralleling how Christians often pursue things they know aren't beneficial
- The hammer story: A man complaining of head pain while hitting himself with a hammer, representing self-inflicted spiritual problems
- The neighbor on the porch: An elderly neighbor sharing wisdom from experience, illustrating how spending time with someone wiser brings help and solutions (parallel to time with Christ)
- The lost money search: Children eagerly searching for lost money in the house, illustrating how we should seek Christ and wisdom with the same intensity
- The key in the box: A child given a key as a toddler but spending their whole life not knowing what it unlocks, only to discover later it opened a treasure house (representing Christ as the key to life)
- Solomon's request for wisdom: The account of Solomon asking God for wisdom and knowledge rather than riches, yet believers today have access to even greater wisdom in Christ
- The car driving analogy: Jesus wanting to drive our lives but we insist on staying in control, needing to surrender completely (even getting in the trunk) to let Him lead
- The mall shopping comparison: Men versus women shopping, illustrating different paces and how we need to walk at Christ's pace, not rush ahead

Discipleship & Small Group Guide

Colossians 2:1-7

Opening Prayer

Begin by asking God to help your group grow deeper in their knowledge of Christ and to anchor their lives firmly in Him.

Icebreaker

Share about a time when you received advice that genuinely helped solve a problem in your life. What made you willing to listen and apply that advice?

Key Sermon Points

1. Comforted in Christ (Colossians 2:1-5)

- Paul's burden was for believers to comprehend what they truly possess in Jesus Christ
- In Christ are hid ALL the treasures of wisdom and knowledge
- A heart strengthened by love and truth produces spiritual discernment and steadfast faith

2. Anchored in Christ (Colossians 2:6-7)

- Walk with Christ the same way you received Him—by faith and surrender
- Be rooted, built up, established, and overflowing with thanksgiving
- Growing up in Christ means knowing Him more deeply, not learning something beyond Him

Discussion Questions

Understanding the Text

1. **Paul says he has "great conflict" for the Colossians (v.1).** What does this reveal about pastoral care and spiritual concern for others? Who in your life might need this kind of spiritual concern from you?
2. **Read Colossians 2:3 again.** What does it mean that "in Christ are hid ALL the treasures of wisdom and knowledge"? Why do we often live as if this isn't true?

Colossians – Week 6 – Anchor for my soul – Bible Study Helps

3. **The sermon compared Solomon's wisdom to what we have in Christ.** How does having Christ surpass even the wisdom given to Solomon? What implications does this have for how we approach daily decisions?

Personal Reflection

4. **The sermon included an analogy of consulting an "owner's manual" for life.** Be honest: How often do you consult God's Word before making decisions or when facing problems? What typically prevents you from doing this?
5. **"Growing up in Christ isn't learning a whole bunch of new things. It's learning more of what you already have in Jesus Christ."** How does this change your perspective on spiritual maturity? What does this look like practically?
6. **The sermon mentioned we often "wing it" in life instead of spending time with Christ.** What areas of your life are you currently "winging" rather than seeking Christ's wisdom?

Going Deeper

7. **Colossians 2:4 warns about being "beguiled with enticing words."** What are some modern "enticing words" or false teachings that try to convince Christians they need something beyond Christ? How can we recognize these?
8. **The progression in verse 7 is: rooted → built up → established → abounding with thanksgiving.** Where would you honestly place yourself in this progression? What would help you move forward?
9. **Gratitude is a sign of spiritual health.** How does your level of thanksgiving reflect your spiritual health right now? What's the connection between knowing Christ deeply and being grateful?

Application

10. **The sermon emphasized that our problem is often knowing what to do but not doing it.** What is one thing you KNOW you should do to grow closer to Christ but haven't been doing? What's stopping you?
 11. **"You might have thought of Solomon as being the benefactor of wisdom and knowledge... but I'll tell you what He did for you. The day you trusted Jesus Christ, He gave you Jesus Christ."** How should this truth change the way you approach your week ahead?
-

Key Takeaways

- ✓ **You already have everything you need in Jesus Christ** – you don't need to search for something more or something new
- ✓ **Spiritual maturity comes from knowing Christ more deeply** – not from accumulating more information or religious activities
- ✓ **The solution to life's problems is a closer relationship with Jesus** – He is the wisdom and knowledge we need
- ✓ **Walking with Christ daily requires intentionality** – slowing down enough to prioritize time with Him
- ✓ **Gratitude and thanksgiving overflow from a life anchored in Christ** – spiritual health produces thankfulness

Practical Applications

This Week's Challenge

Choose ONE of the following to implement this week:

Option 1: Morning Porch Time

- Set aside 15-30 minutes each morning to sit with Jesus like you would with the wise neighbor on the porch
- Read a passage slowly, talk to Him about your day, and ask for His wisdom
- Journal what He teaches you

Option 2: The "Owner's Manual" Approach

- Identify one specific problem or decision you're facing
- Instead of "winging it," search Scripture for wisdom on this topic
- Ask a mature believer for help if needed
- Apply what you learn and note the results

Option 3: Discipleship Connection

- If you've never been discipled, reach out to a pastor or mature believer this week about starting the discipleship process
- If you have been discipled, identify someone you could begin meeting with to help them grow in Christ

Colossians – Week 6 – Anchor for my soul – Bible Study Helps

Option 4: Gratitude Audit

- Each evening this week, write down 3 specific ways Christ showed His wisdom, provision, or presence in your day
- Notice how this practice affects your spiritual health and perspective

Group Activity: Treasure Hunt

Materials needed: Paper and pens

1. Take 5 minutes for each person to write down what "treasures of wisdom and knowledge" they've already discovered in Christ (lessons learned, truths that changed them, ways He's guided them)
2. Share these with the group
3. Discuss: How can remembering what we already have in Christ help us when we're tempted to think we need something more?

Prayer Time

Pray together:

- **Confession:** Ask God to forgive areas where you've sought wisdom and answers apart from Him
- **Thanksgiving:** Thank God specifically for the wisdom and knowledge He's already given you in Christ
- **Petition:** Ask God to help each person grow deeper in their personal, intimate knowledge of Jesus this week
- **Intercession:** Pray for anyone in the group who is facing a specific challenge and needs Christ's wisdom

Before Next Week

1. **Read Colossians 2:8-15** in preparation for next week's discussion
2. **Memorize Colossians 2:6-7** as a group
3. **Check in with one other group member** mid-week to share how your practical application is going

Leader's Notes

- **Be vulnerable:** Share your own struggles with prioritizing time with Christ and seeking His wisdom
- **Avoid information overload:** The sermon's point is that we need Christ more than more information—don't let the discussion become merely academic
- **Encourage honesty:** Create a safe space for people to admit where they're "winging it" spiritually
- **Point to resources:** Have information ready about discipleship opportunities in your church
- **Follow up:** Touch base with anyone who expressed a specific need or commitment during the discussion

"As ye have therefore received Christ Jesus the Lord, so walk ye in him: Rooted and built up in him, and stablished in the faith, as ye have been taught, abounding therein with thanksgiving." – Colossians 2:6-7

Colossians – Week 6 – Anchor for my soul – Bible Study Helps

Discipleship Questions

In what ways have you treated Jesus Christ as merely a set of facts or traditions rather than as a living person with whom you can have an intimate relationship?

The sermon suggests we often know what's right but fail to choose it—what specific area of your life do you know needs change, yet you continue to resist God's direction?

How does the reality that 'in Christ are hid all the treasures of wisdom and knowledge' change the way you approach daily problems and decisions?

Paul warns against being 'beguiled with enticing words'—what false teachings or worldly philosophies are you most tempted to believe offer something beyond what Christ provides?

If growing in Christ means knowing Him more deeply rather than accumulating more information, how would you evaluate the quality versus quantity of your spiritual life right now?

The sermon compares spending time with Jesus to sitting on the porch with a wise neighbor—when was the last time you slowed down enough to truly listen to God rather than rushing through devotions?

What does it mean practically for you to let Christ 'drive' your life instead of being a 'backseat driver' who thinks they know better than God?

How does gratitude and thanksgiving serve as a diagnostic tool for your spiritual health, and what does your current level of thankfulness reveal about your walk with Christ?

In what ways are you seeking wisdom and knowledge outside of Christ that you should instead be finding through a deeper relationship with Him?

The message emphasizes being 'rooted, built up, and stablished' in Christ—which of these three stages best describes where you are spiritually, and what is your next step of growth?

5-Day Devotional

Day 1: The Hidden Treasures

Reading: Colossians 2:1-3; Proverbs 2:1-6

Devotional: Paul reveals an astounding truth: in Christ are hid all the treasures of wisdom and knowledge. Many believers live as spiritual paupers while possessing unlimited riches. We search everywhere for answers—books, podcasts, advice—while the source of all wisdom dwells within us. Solomon received extraordinary wisdom from God, yet even he strayed. You have something greater than Solomon's wisdom; you have Christ Himself. The question isn't whether you have enough, but whether you're accessing what you already possess. Today, stop searching outward and start digging deeper into your relationship with Jesus. He is the treasure you've been seeking. Search for Him like you would search for hidden treasure, and you'll find everything you need.

Day 2: Growing Roots, Not Just Knowledge

Reading: Colossians 2:6-7; Psalm 1:1-3; Jeremiah 17:7-8

Devotional: How did you receive Christ? By surrendering, trusting, asking Him to save you. Paul says, "so walk ye in Him"—the same way you began. Christianity isn't about accumulating information; it's about deepening intimacy. A tree planted by water doesn't just learn about water—it draws life from it continuously. We can become so busy doing church activities that we forget to be with Christ. Rooted, built up, stablished—these aren't three separate experiences but one continuous growth in Him. You don't need something beyond Christ; you need more of Christ. Slow down today. Spend time on the porch with Jesus. Let your roots go deeper. The storms will come, but a deeply rooted tree doesn't fall.

Day 3: The Anchor That Holds

Reading: Colossians 2:4-5; Hebrews 6:17-20; Ephesians 3:14-19

Devotional: Life brings storms—sickness, loss, broken relationships, uncertainty. Without an anchor, we become like the world: chaotic, emotional, unstable. Paul warns that enticing words will try to beguile us, promising something more, something deeper, something beyond Christ. But there is nothing beyond Christ. He is the anchor of your soul—steadfast, immovable, secure. When trials come, you don't need a new strategy; you need to know Him better. The breadth, length, depth, and height of what you possess in Christ is beyond comprehension. You already have full assurance, complete wisdom, total provision. Stop looking for the next thing and anchor yourself more firmly to the Rock that cannot move. In Him, you have stability regardless of circumstances.

Day 4: Gratitude: The Mark of Spiritual Health

Reading: Colossians 2:7; 1 Thessalonians 5:16-18; Philippians 4:4-7

Devotional: Paul concludes his instruction with "abounding in thanksgiving." Gratitude isn't optional; it's evidence of spiritual health. When you truly comprehend what you have in Christ, thanksgiving overflows naturally. Bitterness and ingratitude reveal we've forgotten who we are in Him. Even in catastrophe, anchored believers can say, "This is hard, but God will see me through." Thanksgiving doesn't deny pain; it affirms that Christ is greater than our circumstances. Today, inventory your heart. Are you bitter or grateful? Complaining or praising? Your gratitude level reveals your Christ-comprehension level. As you grow in knowing Him, gratitude grows automatically. Practice thanksgiving today—not for your circumstances, but for Him. He is enough. He has always been enough.

Day 5: Walking Daily with the Owner's Manual

Reading: Colossians 2:6-7; 2 Peter 1:3-11; Psalm 119:105

Devotional: We wing life, making decisions without consulting the Owner who created us. God gave you the manual—His Word—yet we YouTube our way through problems. Peter's final words? "But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ." Not new knowledge, but deeper knowledge of Him. You wouldn't try fixing your car without the manual; why navigate life without God's Word? The Christian life isn't complicated: receive Christ, walk in Him daily, get rooted, grow up, stand firm, overflow with thanks. Every answer you need is already in Him. Stop running ahead. Walk with Jesus at His pace—observant, thoughtful, purposeful. Prioritize time with Him above everything else. Let Him drive. Get in the trunk if necessary. Surrender control. He knows the way, and He is the Way.