



A prayer guide based on the model Jesus taught in Matthew 6:9–13



## Connect with God relationally

"OUR FATHER IN HEAVEN"

From the beginning of creation it has been God's desire to have a relationship with us. Sin separates us from God but because of the cross we can now boldly approach Him with confidence and in relationship with Him as a son/daughter.

Begin your prayer by acknowledging your relationship with God as a son/daughter."

For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!" Romans 8:45

#### Prayer

Father, thank you that although I am a sinner You have forgiven me and adopted me. I am Your child and so thankful that You desire a relationship with me and that I can call You Father. Thank you for loving me as I am, I love You.



## **Worship His Name**

"HALLOWED BE YOUR NAME"

The name of God is holy and should be treated as such. There is power and authority in His name. Showing reverence for God's Name is so important that it was included in the 10 Commandments given to God's people.

His Name offers us safety, protection, peace, healing, strength, belonging, guidance and more. Worship and praise God for His Name.

The name of the Lord is a strong tower; the righteous man runs into it and is safe Proverbs 18:10

#### Prayer

God, I am amazed by Your Name. Your name holds all power and authority on earth and heaven. Thank you for the protection, healing, belonging and guidance that Your Name brings. Your Name is holy and I praise You for that.



## **Pray His Will**

"YOUR KINGDOM COME, YOUR WILL BE DONE"

God's ways are often not our ways. His desire is the bring the Kingdom of Heaven here to earth through us as apprentices to Jesus. His priorities should be priority to us and in our prayers.

Pray for those who don't know Jesus, the poor and marginalized, for authorities in our lives, for justice, for His will be to be done in our lives and an increase of love and unity in His people. Begin with these priorities.

...Seek His kingdom, and these things will be added to you. Luke 12:31

#### Prayer

God. I pray that Your Kingdom would come here on earth and use me as a vessel to accomplish Your will. I ask You would reveal Yourself to those who don't know You, may they come to know the truth and be set free. Bring Your justice here on earth. Pour out Your love on us and bring unity to Your people. Provide for those who are in need. Use me today to accomplish Your will in my life and to be light and salt here on this earth. Make Your priorities my priorities today, continue to show me Your will. I acknowledge that Your ways are higher than my ways and I trust You with my life.



# Ask & rely on God for your daily needs

"GIVE US TODAY OUR DAILY BREAD"

God already knows exactly what you need, but He loves it when we come to Him and ask. He is our provider in all things and we can trust Him to give us everything we need to walk out His will in our lives. Speak your requests and acknowledge your trust in His provision and sovereignty in your life.

And my God will supply every need of yours according to his riches in glory in Christ Jesus.

Philipians 4:19

#### Prayer

God, I thank you that You love me and that You know my needs even before I ask. (Share your personal requests and needs with God) You are my provider in all things. I give my requests over to You and trust You to supply me with everything I need today. I will not be anxious or worried about these things but surrender it over to You today because You love me.



# Request & extend forgiveness

"FORGIVE US OUR DEBTS, AS WE ALSO HAVE FORGIVEN OUR DEBTORS"

Forgiveness is vital to our walk with Jesus. In your prayer, confess to God your sin and ask for forgiveness. Ask the Holy Spirit to help you turn to God and away from sin.

If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

1 John 1:9

Following God's example, pray forgiveness for wrongs others have done to you. Ask the Holy Spirit to help you forgive.

Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

Ephesians 4:32

#### Prayer

God, thank you for the cross and the forgiveness of sins that it provides me. I confess my sin to You (share with God what you need His forgiveness for). Forgive me of these sins and I ask Your Holy Spirit to help me turn away from these things.

God, I forgive (share with God specific people and/or situations you need to forgive). You have forgiven me of so much, I ask for Your help to also forgive these wrongs that have been done to me.



# Engage in spiritual warfare

"AND LEAD US NOT INTO TEMPTATION, BUT DELIVER US FROM EVIL"

We must recognize there is a very real enemy that comes to steal, kill and destroy our souls. We use the truth of God's word to demolish the lies of the enemy and ask for God's strength and protection. The power of the death and resurrection of Jesus places us in a position of victory with Him through the Holy Spirit in our lives.

For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.

Ephesians 6:12

Acknowledge areas in your life where you may feel weak or tempted. Ask God to reveal any lies you may believe and replace it with the truth in your life.

#### Prayer

God, I recognize that there is an unseen battle for my soul. I thank You that I already have victory death because of the and resurrection of lesus. I know my battle is not with people but with an enemy who wants to destroy my soul and separate me from You. Do not let my heart be drawn to what is evil. Keep me from temptation and expose any lies that I may believe right now and replace them with your truth.



# Acknowledge God's power & authority

"FOR YOURS IS THE KINGDOM & THE POWER & THE GLORY FOREVER, AMEN"

God is the beginning and the end. He has all power and authority on heaven and earth. Finishing your prayer by acknowledging the awesome power and authority of God also reminds us of who is in control. We can find peace in knowing God is all powerful in our lives.

Yours, O LORD, is the greatness and the power and the glory and the victory and the majesty, for all that is in the heavens and in the earth is yours. Yours is the kingdom, O LORD, and you are exalted as head above all.

1 Choronicles 29:11

#### Prayer

God, You are the Alpha and Omega, the beginning and the end. There is no limit to Your power and glory. Thank you for power and authority exercised in my life. I find peace in knowing You hold the victory and Your kingdom will never defeated. You are the King of Kings and I submit to Your authority in my life. I praise You You are undefeated! because Nothing and no one can stand against You.