

Why Communion?

June 1st, 2025

DAY 1: REMEMBERING GOD'S DELIVERANCE

READING: EXODUS 12:1-14, LUKE 22:14-20

Just as the Passover meal reminded the Israelites of God's deliverance from slavery in Egypt, communion reminds us of our deliverance from sin through Christ's sacrifice. As you read about both the Passover and the Last Supper, reflect on God's consistent character of redemption throughout history.

How has God delivered you from your own "Egypt" - whether it be addiction, fear, or spiritual bondage (slavery to sin and death)?

Take time to thank Him for His faithfulness and consider how you can live in the freedom He has provided.

DAY 2: THE POWER OF REMEMBRANCE

READING: 1 CORINTHIANS 11:23-26, DEUTERONOMY 6:4-12

Remembrance in Scripture is more than just recalling past events - it's about affirming that what God did then still matters now. As you read Paul's instructions about communion and Moses' exhortation to remember God's commands, consider how actively remembering God's work in your life shapes your present and future.

What spiritual milestones or answered prayers have you forgotten? How might intentionally remembering God's faithfulness change your outlook on current challenges?

Today, create a tangible reminder of God's work in your life - perhaps through journaling, art, or sharing your testimony with someone.

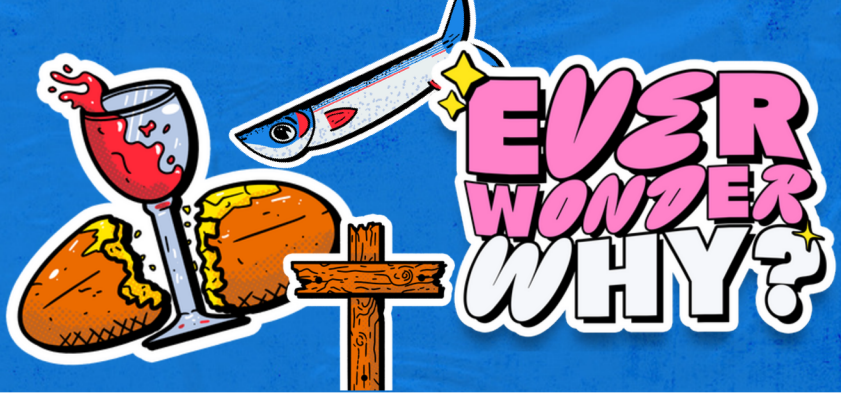
DAY 3: THE BODY OF CHRIST - UNITY IN DIVERSITY

READING: 1 CORINTHIANS 10:16-17, EPHESIANS 4:1-6

The communal nature of both Passover and communion reminds us that our faith is not meant to be lived in isolation. As you read about the unity of believers, reflect on your own place within the body of Christ (the church). Are there ways you've been excluding yourself or others from full participation in the community of faith?

How can you foster greater unity and inclusivity in your local church?

Consider reaching out to someone you've overlooked or reconciling a strained relationship within your faith community today.



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DAY 4: EXAMINING OUR HEARTS

READING: 1 CORINTHIANS 11:27-34, PSALM 139:23-24

Paul's stern warning about taking communion unworthily isn't meant to scare us away, but to draw us closer to God through honest self-examination. As you read these passages, ask the Holy Spirit to reveal any areas of your life that need attention.

Are there unconfessed sins, broken relationships, or attitudes that don't align with Christ's teachings?

Remember, God's discipline comes from a place of love, seeking to refine and purify us. Take time for silent reflection and confession, receiving God's forgiveness and grace anew.

DAY 5: A FORETASTE OF THE HEAVENLY BANQUET

READING: REVELATION 19:6-9, MATTHEW 26:26-29

Communion not only looks back to Christ's sacrifice but also forward to His return and the great heavenly feast to come. As you read about the wedding supper of the Lamb, let your imagination dwell on the joy and celebration that awaits us.

How does this future hope impact your present circumstances? In what ways can you live today as a reflection of that coming kingdom?

As you partake in communion next time, do so with a sense of anticipation, knowing that each celebration is a small taste of the eternal feast we'll share with Christ.