

# Steadfast

Lamentations 3:21-24



January 4, 2026

## DAY 1: CALLING TRUTH TO MIND

### READING: LAMENTATIONS 3:21-24

In the midst of deep anguish, Jeremiah makes a powerful choice: "This I call to mind, and therefore I have hope." Notice the intentionality—he doesn't stumble upon hope accidentally. He wrestles his thoughts into submission, redirecting his focus from circumstances to God's character.

What occupies your mind shapes your reality. When anxiety threatens to overwhelm, when the year ahead feels uncertain, you have a choice. Like an athlete preparing for a grueling workout, your mindset matters. Will you rehearse your problems or remember God's promises?

Today, practice calling truth to mind. When worry surfaces, interrupt it with this declaration: "The steadfast love of the Lord never ceases." Let this become your mental anchor, the truth that outweighs every circumstance.

**Reflection:** What thoughts need to be replaced with truth today?

## DAY 2: LOVE THAT NEVER RUNS DRY

### READING: PSALM 136:1-26

The phrase "steadfast love" appears in Scripture as one of the richest descriptions of God's character. This isn't sentimental affection or conditional approval. It's covenant loyalty—a love that acts even when undeserved, that pursues even when we wander. Consider this: God's love for you isn't based on His feelings but on His character. You cannot exhaust it, outrun it, or disqualify yourself from it. Like a bucket that never empties, His love remains constant through every season.

This steadfast love was demonstrated most powerfully in Jesus—born as a baby, dying in our place, rising victorious. When you doubt whether God still loves you, look to the cross. That's where His steadfast love was put on full display, and it never ceases.

**Reflection:** How does knowing God's love is based on His character (not your performance) change how you approach Him today?

## DAY 3: NEW MERCIES EVERY MORNING

### READING: LAMENTATIONS 3:22-33

"His mercies never come to an end; they are new every morning." What a promise for those carrying yesterday's failures into today! God's mercy doesn't have a quota or expiration date. Perhaps you're entering this year burdened by last year's disappointments. Maybe you've made resolutions before, only to break them by February. Here's the beautiful truth: God's faithfulness is great, and His mercies are fresh with each sunrise.

You don't have to drag yesterday's shame into today. God meets you each morning with renewed compassion, ready to walk with you through whatever lies ahead. This is the quality and quantity of our hope—not that circumstances will magically improve, but that His presence and mercy will sustain us through them.

**Reflection:** What past failure or disappointment do you need to release into God's fresh mercy today?

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## DAY 4: THE LORD IS MY PORTION

### READING: PSALM 73:21-28

"The Lord is my portion," says my soul, "therefore I will hope in him." In ancient times, a "portion" was your inheritance, your security, your sustenance. Jeremiah declares that God Himself is enough. This is countercultural. We're conditioned to find our portion in careers, relationships, achievements, or possessions. But what happens when those things fail or disappoint? When the job ends, the relationship fractures, or success feels hollow?

Steadfast faith means anchoring your identity and security in the One who never changes. God doesn't just give you things—He offers Himself. And when God is your portion, you have everything you need. Not everything you want, perhaps, but everything required to stand strong.

Can you say with confidence today, "The Lord is my portion"? If not, what competes for that place in your heart?

**Reflection:** What are you tempted to make your "portion" instead of God?

## DAY 5: STANDING STRONG TOGETHER

### READING: HEBREWS 10:19-25

Steadfast faith isn't meant to be lived in isolation. The writer of Hebrews urges us to "consider how to stir up one another to love and good works, not neglecting to meet together."

Standing strong in God's steadfast love happens best in community. When your faith wavers, others can remind you of truth. When opposition comes, the church stands together. When opportunities distract, fellow believers help you stay focused on your calling.

This year will bring challenges—opposition, distractions, and difficulties. But you're not facing them alone. God has placed you in a body of believers to encourage, pray for, and walk alongside you. The call isn't to passively wait for God to act while sitting comfortably on the sidelines. It's to boldly step forward together, confident in His steadfast love, assured of His faithfulness, trusting His provision.

**Reflection:** Who in your faith community needs encouragement today? How can you stir them toward love and good works?