

## The EDGE Summer Retreat Packing List July II-15th

BE	DDING & TOWEL
	All items packed in labeled bags. No loose items.
	Pillow
	Sleeping bag OR sheets and a blanket
Ч	Shower towel and swim/beach towel
	Packed in a suitcase/bag LABELED with your name 4-5 casual outfits (at least!) that can all get dirty (lots of t-shirts, shorts, pants for chilly evenings) Sleepwear Sturdy tennis shoes for adventures Sandals or flip flop for around camp Required for water adventures: water shoes or Teva-type that secure to your feet. (Flip flops not allowed on water adventures.) Modest swimsuit Girls: 1 piece or tankini with modest neckline, no bare midriff or cut outs, please
	Boys: boxer type swim wear
	Sunglasses (strap recommended for adventures) Hat
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	Toiletries and personal hygiene items (Toothbrush, toothpaste, deodorant, shampoo, soap, brush, feminine products etc) Medications: must be listed on the Big Horn release form and the Edge registration form. Please pack in a Ziploc bag, with your name and list of dosage/instructions. Medications must come in original containers.
	Bug spray Sunscreen (labeled with your name), we will have limited extras on hand Carabiner (to attach water bottle on adventures) Spending cash for the camp store Bible, notebook, and 5 pens Camera, optional (Leaders will take photos but students are welcome to bring disposable/other camera since cell phones will not be accessible.) Flashlight/headlamp
	Small backpack (this will also be your day pack at camp) Refillable water bottle (labeled with your name)