

A dirt road winds through a field of tall, dry grass. In the background, there are rolling hills and a small tree. The sky is filled with large, white clouds, and the sun is shining from the top left corner, creating a bright glow.

THE WAY OF THE DISCIPLE

/dis-ci-ple/

**WEEK TWO
WORSHEET**

Week 2: Imitate – Building Core Practices

“Helping people become more and better followers of Jesus.”

Definition: *Discipleship is intentionally entering into relationships to help people follow Jesus, **be changed** by Jesus, and **join the mission** of Jesus.*

*“²⁸ We **proclaim him**, warning and teaching everyone with all wisdom, so that we may **present everyone mature in Christ**. ²⁹ I labor for this, striving with his strength that works powerfully in me.” - Colossians 1:28-29*

We believe you grow when you **imitate** the **life** of **Jesus**.

Imitate: Be Changed by Jesus

What do **we do in discipleship** that fosters that change?

Not just **what to believe**, we must show them **how to live** it.

It's about **building core** practices for a life **with** Jesus.

Core Practices to Cultivate:

- **Bible** → learning to hear God's voice.
- **Prayer** → growing in personal connection with God.
- **Community** → living in authentic community with others.
- **Serving** → using their gifts to love and build others up.
- **Generosity** → having open hands & heart with possessions.

These aren't just '**good Christian**' things to do; they are **practices** that **form** **the heart** of a disciple.



How do we cultivate those?

- **Teaching** → helping others understand truth and apply.
 - **Modeling** → see what faith looks like in real life.
 - **Loving** → showing up with patience and grace.
 - **Correcting** → speaking truth and grace in love.
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Teaching: Make it **Make Sense**

- **Biblically** → What is this truth actually saying?
- **Personally** → How does this speak to what they're facing?
- **Practically** → What should change in my life as a result?

¹⁸ They read out of the book of the law of God, translating and **giving the meaning** so that the people could **understand what was read.** – Neh 8:8

You may need to:

- **Slow Down**
 - Are there any **unfamiliar** words or concepts that need explaining?
- **Ask Questions**
 - So, they can learn the meaning **and** learn the skill for themselves
- **Restate Truth**
 - In their own words, what does this mean?
- **Tell Stories or Analogies**
 - **Meets them** where they are. (Great opportunity to use their life)

Core Truth Exercise *(additional page)*

- Your role is to bring **truth to life** in a way that they can understand and **live out**.
 - **Transformation** happens when truth moves from their **head** → **heart** → **hands**.
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Modeling: **Show** them the **way**

- They learn **how** by seeing what **your faith in action**.
- Not because you're **perfect** but because you're **present** and **willing** to let them in.
- **Life → Truth → Life**

*"¹⁹ Therefore, go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰ and **teaching them to obey everything** I have commanded you. And surely I am with you always, to the very end of the age." – Matthew 28:19-10*

*"²¹ To this you were called, because Christ suffered for you, **leaving you an example**, that you should follow in his steps." – 1 Peter 2:21*

Loving: **Showing Up** for them.

- It's what **earns** trust, keeps the **door open** and **creates** the space where growth can happen.
- It's what **makes everything else**—teaching, correcting, modeling—**matter**.

*¹⁷Join together in following my example, brothers and sisters, and just as you have us as a **model**, keep your eyes on those who live as we do. – Phil 3:17*

¹⁰ But you have followed my teaching, conduct, purpose, faith, patience, love, and endurance, ¹¹ along with the persecutions and sufferings that came to me in Antioch, Iconium, and Lystra. What persecutions I endured..." 2 Tim 3:10-11

We want them to **be changed by Jesus** through **growing** in the **knowledge** of God and by learning to put that knowledge **into practice**.

*The heart of discipleship is an other-oriented life that labors in the power of God to **proclaim** Christ and **present** others mature in Christ.*

Take Home:

- Core Truth Exercises
- Core Truth Self-Assessment