

21 DAYS

OF PRAYER & FASTING

GUIDE

WEEK 1 CONSECRATION

QUESTION: What needs to be set apart in me?

THEME THOUGHT: Consecration isn't about becoming perfect, it's about becoming available. We clear space so God can fill it.

ROOT SCRIPTURE: Psalm 5:7 — “But I, by your great love, can come into your house...”

JAN 12 • AN HONEST HEART

SCRIPTURE: Psalm 5:1–3

REFLECTION QUESTIONS:

- What does the way I begin my day reveal about what matters most to me?
- Where has prayer become rushed or reactive instead of intentional?
- What might God want to do if I made space to meet with Him first?

JAN 14 • CREATING SPACE FOR GOD

SCRIPTURE: Psalm 139:23–24

REFLECTION QUESTIONS:

- Are there attitudes, habits, or distractions I've learned to ignore?
- What might God want to heal or realign as I invite Him to search my heart?

JAN 16 • A LIFE SET APART

SCRIPTURE: Romans 12:1–2

REFLECTION QUESTIONS:

- What areas of my life feel most resistant to surrender?
- Where have I adopted patterns that pull me away from God's heart?
- What would it look like to offer my whole life to God?

WEEK 2 EXPECTANCY

QUESTION: Am I watching for God to move?

THEME THOUGHT: Expectancy is a settled confidence that God hears, speaks, and moves.

ROOT SCRIPTURE: Psalm 5:3 – “...I lay my requests before you and wait expectantly.”

JAN 19 • WAITING WITH HOPE

SCRIPTURE: Psalm 5:3

REFLECTION QUESTIONS:

- What am I currently praying for but tempted to stop expecting an answer?
- Do I come to God anticipating His presence?
- How might expectancy change the way I pray this week?

JAN 21 • ASKING IN FAITH

SCRIPTURE: Matthew 7:7–11

REFLECTION QUESTIONS:

- What have I stopped asking God for and why?
- Do I trust God’s heart even when His answers differ from my timing?
- How does Jesus describe the Father’s response to His children?

JAN 23 • WATCHING FOR GOD AT WORK

SCRIPTURE: Habakkuk 2:1–3

REFLECTION QUESTIONS:

- What does it look like to watch for God instead of rushing ahead?
- Where do I need patience?

WEEK 3 READINESS

QUESTION: Am I prepared to respond when God leads?

THEME THOUGHT: God prepares hearts before He directs steps. Readiness is the posture that says, “I’m available when You call.”

ROOT SCRIPTURE: Psalm 5:8 — “Lead me, LORD, in your righteousness...”

JAN 26 • A WILLING YES

SCRIPTURE: Isaiah 6:1–8

REFLECTION QUESTIONS:

- Where have I been more comfortable observing than responding?
- What fears or hesitations keep me from saying “yes” to God?

JAN 28 • FAITH THAT ACTS

SCRIPTURE: James 1:22–25

REFLECTION QUESTIONS:

- What have I sensed God asking me to do that I’ve delayed?
- How does obedience shape and strengthen faith?

JAN 30 • SENT WITH PURPOSE

SCRIPTURE: Matthew 9:36–38

REFLECTION QUESTIONS:

- Do I notice the people around me the way Jesus did?
- Who might God be inviting me to pray for, serve, or reach out to?