

Askesis Internship Program 2022

Mission: What we are called to do...	Vision: What we want to accomplish in the lives of interns and our church...
<p>To make disciples of Jesus Christ for the transformation of the world</p> <p>The question is, “how do we make disciples of the next generation?”</p> <p>Askesis - Greek for “Training”</p>	<p>Askesis Internship is an experiential spiritual formation and training experience where young adults who are discerning a path to Christian ministry can gain experience in a high-impact church while developing a rule-of-life in community that will sustain them for a life-time of following Jesus.</p>

Strategy: To accomplish the vision, we will...

<u>Grow Your Skill:</u>	<u>Deepen Your Soul:</u>	<u>Prepare to Lead:</u>
<ol style="list-style-type: none"> 1) Develop a practice of being a life-long learner 2) Develop greater awareness of others 3) Develop a habit of thinking theologically 	<ol style="list-style-type: none"> 1) Practice a rule-of-life 2) Develop practice of being in community 3) Develop greater awareness of self 	<ol style="list-style-type: none"> 1) Engage in hands-on ministry 2) Develop capacity to be on a team 3) Develop a ministry or program

<u>Leadership Development</u>	<u>Spiritual Formation</u>	<u>Weekly Meetings</u>	<u>Hands-on Experience</u>
<p>Discuss the Latest on Development</p> <ul style="list-style-type: none"> - “First Two Years in Youth Ministry” - “Leading When You are Not in Charge” - “The Story of You” - “Phases” Orange Curriculum <p>Tangible Outcomes</p> <ul style="list-style-type: none"> - Develop Ministry - Practice Self-Care - Evaluate Rule of Life - Worship as a community 	<p>Weekly Spiritual Formation Opportunities to grow their awareness and calling:</p> <ul style="list-style-type: none"> - Learn their Enneagram number - Genogram and impact of family systems - Circle of Trust - Lectio Divina - Centering Prayer - Havruta - Worship in community 	<p>Peer-Sharing: Share life and experiences. Use former reflection to evaluate experiences. Also, bring something to share (podcast, song, scripture, etc) each week</p> <p>Leadership Growth: Learning leadership principles to lead and serve well</p> <p>Practitioners: Learn from ministry leaders and real-life experiences</p>	<p>Ministry Track: Interns will serve in ministry as main track plus exposure to other church ministries</p> <p>Lead a Ministry: Interns will develop a ministry, program or event and have the opportunity to lead it</p> <p>Support Team: Group from church who personality encourage the interns. Interns can be invited to share at Single Board at end of internship</p>

Outcomes: How the interns are transformed...

<u>Grow Their Skill</u>	<u>Deepen Their Soul</u>	<u>Opportunity to Lead:</u>
<ol style="list-style-type: none"> 1) Learn a rule-of-life that sustains for ministry 2) Develop greater awareness of what they are called to do 3) Grow as a disciple within a Wesleyan context 	<ol style="list-style-type: none"> 1) Learn a rule-of-life that sustains them 2) Learn to listen to others and how to serve them best 3) Grow spiritually and relationally 	<ol style="list-style-type: none"> 1) Know how church ministry works 2) Function well on a team 3) Think systematically about ministry

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What is the benefit of the program?

- 1) We see ourselves as fulfilling our mission to make disciples by being a “teaching church.” We position ourselves to invest in the lives and ministry of young leaders in this and surrounding communities. We get the opportunity to learn and benefit from young leaders discerning a call to ministry.
- 2) We create a pipeline of future leaders for our church and other churches. We create a program that always the “next up” person ready to go. We can train our own future leaders and offer salaried positions to leaders we want to retain once their internship is complete.
- 3) We minimize the need to scramble to find volunteers at the last minute. To have effective Children’s and Youth Ministry, we must adhere to our Ministry Safe policies. We will always have two adults present at minimum.
- 4) We benefit from the principle of critical mass. Everyone likes to be part of a dynamic team and program. The best way to reach and benefit from the energy and enthusiasm of young leaders is to have them around.

How can the church provide oversight and connection to the interns?

- 1) The day-to-day tasks of the interns will be oversee by Pastor and Youth/Children’s/Music Director. A representative of SPRC will provide monthly progress updates to Single Board.
- 2) A Support Team will be formed that will give focused attention to each intern. Part of being part of a church is feeling connected to the larger body. The Support Team will be made of various members of the congregation to provide (at least) monthly connection to each intern. This could be a gift card, text, thank you note, buy them lunch - as a way to check in and be the church to them.

Intern Target List:

- 1) **Youth Intern**
- 2) **Music Intern**
- 3) **Children’s Intern**
- 4) **Media Intern**